

Dilbar

拍數: 64 牆數: 2 級數: Easy Intermediate
編舞者: Winston Yew (SG) - November 2020
音樂: Dilbar - Neha Kakkar, Dhvani Bhanushali & Ikka Singh



Intro : 32 Counts. 【00:18】

Note : This dance is specially choreographed for Northwest CDC Weekly Tue fB Live Line Dance Workout Session in conjunction to the upcoming Deepavali Festive Season.

11: Cross Samba, Cross Samba, Forward, Paddle x 3, Completing a ½ Right Turn

1&2 Cross Right over Left, Rock Left to Left, Recover onto Right
3&4 Cross Left over Right, Rock Right to Right, Recover onto Left
5-6-7-8 Step Right Forward raising Right hand up, bring Left hand beside Left hip - paddling with Left foot x 3 make a ½ Right turn.

Note: Roll both wrists of both hands as you paddle. 【6:00】

12: Cross Samba, Cross Samba, Forward, Paddle x 3, Completing a ½ Left Turn

1&2 Cross Left over Right, Rock Right to Right, Recover onto Left
3&4 Cross Right over Left, Rock Left to Left, Recover onto Right
5-6-7-8 Step Left Forward raising Left hand up, bring Right hand beside Right hip - paddling with Right foot x 3 make a ½ Left turn.

Note: Roll both wrists of both hands as you paddle. 【12:00】

13: Forward Samba Basic, Bounce Screwing Light Bulb on Diagonal Left, Screwing Light Bulb on Diagonal Right, Back Samba Basic

1&2 Step Right forward, Step Left next to Right, Step Right in place.
3&4 Bounce your hips & knees as extend both hands up to Left Diagonal as you if you are screwing light bulbs on each hand.
5&6 Bounce your hips & knees as extend both hands up to Right Diagonal as if you are screwing light bulbs on each hand.
7&8 Step Left back, Step Right next to Left, Step Left in place.

14: Side Chasse Right, Close Touch and Shimmy, Side Chasse Left, Close Touch and Shimmy

1&2 Raise both hands up - Step Right to Right as you wave both hands Right, Step Left next to Right as you wave both hands back to Left, Step Right to Right as you wave both hands Right again
3&4 Touch Left toes next to Right and shimmy shoulders
5&6 Lower both hands up waist level in front - Step Left to Left as you swing both hands Left like feeding chicken, Step Right next to Left as you swing both hands back to Right, Step Left to Left as you swing both hands Left again like feeding chicken
7&8 Touch Right toes next to Left and shimmy shoulders

15: Out-Out- ¼ Right In-In With Bollywood Arms, ¼ Right Cross, Flick, Cross, Flick

1-2 Step Right Diagonally Forward raising Right Arm diagonally Right up (Palm Facing Up, step Left Diagonally forward raising Left Arm Diagonally Left Up (Palm Facing Up)
3-4 ¼ Right step Right back in bringing Right hand in to front of chest making an "OK" sign (hamsāsyo), Step Left next to Right bringing Left hand in to front of chest making an "OK" Sign (hamsāsyo) (Now both hands in "OK" sign (hamsāsyo)) 【3:00】

Dance ends here on Wall 5. DO NOT turn the ¼ Right when dancing counts 3-4 above. Dance it facing 12:00 and strike a cool Bollywood style pose!!

5-6 ¼ Right cross Right over Left, Flick Left to Left as you slide Right hand (Palm Facing Up) Diagonally Right Up and Left hand (Palm Facing Down) Diagonally Left Down

7-8 Cross Left over Right, Flick Right to Right as you slide Left hand (Palm Facing Up)
Diagonally Left Up and Right hand (Palm Facing Down) Diagonally Right Down **【6:00】**

16: Behind, Flick, Behind, Flick, Out-Out-In-In With Bollywood Arms

1-2 Cross Right behind Left, Flick Left to Left as you slide Right hand (Palm Facing Up)
Diagonally Right Up and Left hand (Palm Facing Down) Diagonally Left Down
3-4 Cross Left behind Right, Flick Right to Right as you slide Left hand (Palm Facing Up)
Diagonally Left Up and Right hand (Palm Facing Down) Diagonally Right Down
5-6 Step Right Diagonally Forward raising Right Arm diagonally Right up (Palm Facing Up), step
Left Diagonally forward Raising Left Arm Diagonally Left Up (Palm Facing Up)
7-8 Step Right back in bringing Right hand in to front of chest making an "OK" sign (hamsāsyo),
Step Left next to Right bringing Left hand in to front of chest making an "OK" Sign
(hamsāsyo), (Now both hands in "OK" sign (hamsāsyo))

Restart here on Wall 2 facing 12:00.

17: Side, Close, Side Chasse, Side Heel Close, Side Heel, Close With Bollywood Arms

1-2-3&4 Keeping both hands in "OK" sign (hamsāsyo) - step Right to Right, step Left next to Right,
step Right to Right, step Left next to Right, step Right to Right
5-6 Tap Left Heel To Left as you open Right Arm up and Left Arm to Left like a "Reverse C", step
Left next to Right bringing both arms in back to front of chest in "Ok" sign (hamsāsyo),
7-8 Tap Right Heel To Right as you open Left Arm up and Right Arm to Right like a "C", step
Right next to Left bringing both arms in back to front of chest in "Ok" sign (hamsāsyo),

18: Side, Close, Side Chasse, Side Heel Close, Side Heel, Close With Bollywood Arms

1-2-3&4 Keeping both hands in "OK" sign (hamsāsyo) - step Left to Left, step Right next to Left, step
Left to Left, step Right next to Left, step Left to Left
5-6 Tap Right Heel To Right as you open Left Arm up and Right Arm to Right like a "C", step
Right next to Left bringing both arms in back to front of chest in "Ok" sign (hamsāsyo),
7-8 Tap Left Heel To Left as you open Right Arm up and Left Arm to Left like a "Reverse C", step
Left next to Right bringing both arms in back to front of chest in "Ok" sign (hamsāsyo).

Repeat!! Enjoy!! Have Fun!!
