

Do You Love Me

拍數: 120 牆數: 1 級數: Improver
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音樂: Do You Love Me - The Contours



#1 routine complète 2ème routine 10 sections, 3ème routine restart de la 7ème a la 16 ème section, 4ème routine de la 1 ère section a la 10 ème section sauf la 6ème section et 5ème routine on reprend 7,8, 9 et 10ème section

SECT 1 : Touch pointe - switch - Touch pointe - Switch-Behind- side - touch pointe - switch

1-4 Point R to Fwd(1), step R next to L(2), point L to Fwd(3), step L next to R(4)
5-8 Step R behind L(5), step L to L side(6), point R to Fwd(7), step R next to L(8)

SECT 2: Touch pointe - switch - touch pointe - switch - Behind - side - touch pointe - switch

1-4 Point L to Fwd(1), step L next to R(2), point R to Fwd(3), step R next to L(4)
5-8 Step L behind R(5), step R to R side(6), point L to Fwd(7), step L next to R (8)

SECT 3: Touch pointe - switch- touch pointe - switch - Behind - side - touch pointe - Scuff

1-4 Point R to Fwd(1), step R next to L(3), point L to Fwd(3), step L next to R(4)
5-8 Step R behind L(5), step L to L side(6), touch R fwd to L(7), scuff R fwd(8)

SECT 4 : Toe fwd - twist - twist - scuff -Toe fwd - twist - twist - scuff

1-4 Toe R fwd(1), twist both toes R(2), twist both toes R(3), scuff L fwd(4)
5-8 Toe L fwd(5), twist both toes L(6), twist both toes L(7), scuff R fwd(8)

SECT 5 : Toe fwd - Twist - twist - scuff - Toe fwd - twist - twist - scuff R

1-4 Toe R fwd(1), twist both toes R(2), twist both toes R(3), scuff L fwd(4)
5-8 Toe L fwd(5), twist both toes L(6), twist both toes L(7), scuff R fwd(8)

SECT 6 : Toe fwd - twist - twist - twist - twist- twist -back - Drag

1-4 Toe R fwd(1), twist both toes R (2,3,4)
5-8 Twist both toes R5(5,6), back L(7), drag R to L (8)

SECT 7 : Side - touch - side - touch - touch pointe - touch - touch pointe - touch

1-4 Step L to L side(1), touch R beside L(2), step L to L side(3), touch R beside L(4)
5-8 Touch R side R(5), touch R beside L(6), touch R side R(7), touch R beside L(8)

SECT 8 : Side - together - side - touch-Bump - Bump - Bump - Bump (arm swing movement)

1-4 Step R to R side(1), touch L beside R(2), step R to R side(3), touch R to L(4)
5-8 Bump R(5), bump L(6), bump R(7), bump L(8)

SECT 9 : Side - touch - side- touch - touch pointe - touch -touch pointe -touch

1-4 Step L to L side(1), touch R beside R(2), step L to L side(3), touch R beside L(4)
5-8 Touch R side R(5), touch R beside L(6), touch R side R(7), touch R beside L(8)

SECT 10: Step diag - hold - hold - hold (clap 2 3&4) - heel toe walk

1-4 Step R diag(1), hold(2), hold(3), hold(4) (clap 2,3&4)
5-8 Swivel R heel in(5), swivel R toe in(6), swivel R heel in(7), swivel R toe in(8)

SECT 11 : Step - hitch - step - hitch -step - hitch - step - hitch

1-4 Step L fwd(1), hitch R(2), step R fwd(3), hitch L(4)
5-8 Step L fwd(5), hitch R(6), step R fwd(7), hitch L(8)

(hitch with clap on thigh side)

SECT 12 : Touch pointe - twist - twist -twist (forward)-twist - twist - twist - twist (body weight back)

1-4 Toe L fwg(1), twist L fwd(2), twist L fwd(3), twist L fwd(4)

5-8 Twist R back(5), twist R back(6), twist R back(7), twist R back(8)

SECT 13 : Step - hitch - step - hitch - step - hitch - step - hitch

1-4 Step L fwd(1), hitch R(2), step R fwd(3), hitch L(4)

5-8 Step L fwd(5), hitch R(6), step R fwd(7), hitch L(8)

(hitch with clap on thigh side)

SECT 14: Point fwd - point side - point fwd - hold - point side - point fwd - point side - hold

1-4 Point L toe fwd(1), point L toe out to L side(2), point L toe fwd(3), hold(4)

5-8 Point L toe out to L side(5), point L toe fwd(6), point L toe out to L side(7), hold(8)

SECT 15 : Walk - hold - walk - hold-walk - hold - walk - hold (in a circle)

1-8 Step L , hold , step R , hold (x 2)

SECT 16 : Walk - hold - walk - hold-walk - hold - walk - hold (in a circle)

1-8 Step L , hold , step R , hold (x 2)
