

# Vida De Rico

COPPERKNOB  
STEP SHEETS

拍數: 48      牆數: 2      級數: Phrased Easy Intermediate  
編舞者: Roosamekto Mamek (INA) - November 2020  
音樂: Vida de Rico - Camilo



Intro: 32

SEQUENCE: A, B, TAG, B, A, A, B, TAG, B, A, A, A

## PART A (16 COUNT)

### A1. SCISSOR STEP, SIDE, CROSS SHUFFLE

1&2&      Step R to side - Step L together - Cross R over L - Step L to side  
3&5      Cross R over L - Step L to side - Cross R over L  
5&6&      Step L to side - Step R together - Cross L over R - Step R to side  
3&5      Cross L over R - Step R to side - Cross L over R

### A2. SIDE MAMBO (R & L), MODIFIED TOES STRUT, PIVOT 1/2 LEFT

1&2      Rock R to side - Recover on L - Step R together  
3&4      Rock L to side - Recover on R - Step L together  
5&6&      Touch R toes forward - Step R together - Touch L toes forward - Step L together  
7-8      Step R forward - Turn 1/2 left

## PART B (32 COUNT)

### B1. SYNCOPATED MODIFIED SIDE LOCK SHUFFLE, JAZZ BOX CROSS

1&2&      Step R to side - Step L ball behind R - Step R to side - Step L ball behind R  
3&4      Step R to side - Step L ball behind R - Step R to side

**Note: When doing this body angle diagonal 1:30**

5-8      Cross L over R - Step R back - Step L to side - Cross R over L

### B2. SYNCOPATED MODIFIED SIDE LOCK SHUFFLE, JAZZ BOX CROSS

1&2&      Step L to side - Step R ball behind L - Step L to side - Step R ball behind L  
3&4      Step L to side - Step R ball behind L - Step L to side

**Note: When doing this body angle diagonal 10:30**

5-8      Cross R over L - Step L back - Step R to side - Cross L over R

### B3. SIDE ROCK, CROSS SHUFFLE, SIDE ROCK TURN 1/4 RIGHT, FORWARD LOCK SHUFFLE

1-2      Rock R to side - Recover on L  
3&4      Cross R over L - Step L to side - Cross R over L  
5-6      Rock L to side - Turn 1/4 right  
7&8      Step L forward - Lock R behind L - Step L forward

### B4. FORWARD LOCK SHUFFLE (SLIGHTLY DIAGONAL), MAMBO TURN 1/4 RIGHT, CROSS SHUFFLE

1&2      Step R forward - Lock L behind R - Step R forward  
3&4      Step L forward - Lock R behind L - Step L forward  
5&6      Rock R forward - Recover on L - Turn 1/4 right step R to side  
7&8      Cross L over R - Step R to side - Cross L over R

REPEAT

TAG

### SLOW COASTER STEP, TOGETHER

1-4      Step R back - Step L together - Step R forward - Step L together

For more info about step sheet & song, please contact:  
Mamek : [Roosamekto.Nugroho@gmail.com](mailto:Roosamekto.Nugroho@gmail.com)

---