

After All

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 2 級數: High Improver
編舞者: Hiroko Carlsson (AUS) - November 2020
音樂: After All - Joni Harms



(Dance starts on lyrics/8 count intro) (No tags or restarts)

[S1] Cross-Side-Heel-&, Cross-Side-Heel-Heel, 2x Sailor Step

1&2& Cross R over L, Step L to the side, Touch R heel diagonally forward, Step R beside L
3&4& Cross L over R, Step R to the side, Touch L heel diagonally forward twice (4&)
5&6 Cross L behind R, Step R to right, Step L to the left
7&8 Cross R behind L, Step L to left, Step R to the right (12:00)

[S2] Behind-Out-Out-Cross-1/4R Back-Lock-Back w/ Sweep, Behind-Out-Out-Cross-1/4L Back-Lock-Back w/ 1/4L

1&2& Step L behind R, Step R to the side, Step L to the side, Cross R over L
3&4 Make a ¼ turn right stepping back on L, Lock step R over L, Step back on L while sweeping R around L (3:00)
5&6& Step R behind L, Step L to the side, Step R to the side, Cross L over R
7&8 Make a ¼ turn left stepping back on R, Lock step L over R, Step back on R making a ¼ turn left (9:00)

[S3] Side Rock-Cross-Side-Behind-Out-Out, Cross-Side-Behind-1/4L-Shuffle Fwd

1&2& Rock L to the left, Recover weight on R, Cross L over R, Step R to the side
3&4 Step L behind R, Step R to the side, Step L to the side
5&6& Cross R over L, Step L to the side, Step R behind L, Make a ¼ turn left stepping forward on L (6:00)
7&8 Shuffle forward R-L-R

[S4] Side-Behind-Rolling Vine L-Side Shuffle w/ Sweep, Cross Rock-Rolling Vine R-Side Shuffle-Together

1&2& Step L to the side, Step R behind L, Make a ¼ turn left stepping forward on L, Make a ½ turn left stepping back on R
3&4 Make a ¼ turn left stepping L to the side, Step R next to L, Step L to the side (6:00)
5&6& Rock R across L, Recover weight on L, Make a ¼ turn right stepping forward on R, Make a ½ turn right stepping back on L
7&8& Make a ¼ turn right stepping R to the side, Step L next to R, Step R to the side, Step L together (6:00)

The last wall: Dance up to count 12, then make a ¼ turn right to the front.

Please feel free to contact me if you need any further information. (hirokoclinedancing@gmail.com)
(updated: 4/Nov/20)