An Amazing Feeling

拍數: 32

級數: Improver

編舞者: Elke Schadewald (DE) - October 2020

音樂: I Was Born to Love You - Freddie Mercury

Dance Pattern: 32-32-32-24-TAG-32-32-32-32-32-32-32-32-16-32-32-16 Intro: 16 counts

S 1: Walk r, I, Shuffle forward r-I-r, Rock Step. ¼ shuffle turn I

- Step forward on RF, step forward on LF 1,2
- 3&4 Step forward on RF, step LF next to RF, step forward on RF
- 5, 6 Rock forward on LF, recover on RF
- 7&8 1/4 turn left + step LF to left, step RF next to LF, step LF to left (9:00)

S2 Cross - Point r + I, Jazz box ¼ turn right

- 1, 2 Cross RF diagonal over LF, point left toe to left side
- 3, 4 Cross LF diagonal over RF, point right toe to right side
- 5,6 Cross RF over LF, step back on LF
- 7,8 ¹/₄ turn right + step RF to right side, step LF forward (12 Uhr)
- (here Restart in wall 13 facing 6:00)

S3 Step, Touch r + I, Side, Behind, Chasse 1/4 turn right

- 1, 2 Step RF forward to right diagonal, touch LF next to RF (Opt.: wave arms to right side)
- 3, 4 Step LF forward to left diagonal, touch RF next to LF (Opt.: wave arms to left side)
- 5,6 Step RF to right, cross LF behind RF *
- Step RF to right, step LF next to RF, 1/4 turn right + step RF forward (3 Uhr) 7&8

(*here Tag in wall 4 facing 6:00)

S4 Step turn ½, Shuffle forward, full turn, Kick Ball Step

- Step LF forward 1/2 turn right on both balls, take weight to RF (9:00) 1.2
- 3&4 Step LF forward, step RF next to LF, step LF forward *

(*here Restart during wall 8 facing 6:00)

- 1/2 turn left + step RF back, 1/2 turn left + step LF forward (9:00) 5, 6
- 7&8 Kick RF forward, step RF (ball) next to LF, step LF slightly forward
- Tag: In wall 4 dance up to Count 6 of section 3 (3:00), then replace 7+8 by
- 1/4 turn right + step RF forward, touch LF next to RF (6:00) 7,8

Rolling Vine left / right,

- 1, 2 1/4 turn left + step LF forward, 1/2 turn left + step RF back
- 1/4 turn left + step LF to left side, touch RF next to LF (6:00) 3.4

(when turning, stretch out the arms to the side at chest height)

- 5, 6 1/4 turn right + step RF forward, 1/2 turn right + step LF back
- 7.8 1/4 turn right + step RF to right side, touch LF next to RF

(lead the arms in front of the body upwards and laterally down again - heart-shaped)

Walk forward 3x, Kick, walk back 3x, Out-Out L-R

- 1-4 Step forward LF-RF-LF, Kick RF forw. (move stretched arms from bottom over your head)
- 5, 6, 7 Step back RF-LF-RF (pull down arms with clenched fists to chest height)
- LF small jump back to left diagonal, step RF to right side 8&
- (weight is on both feet ready to shift to LF dance starts again with RF)





牆數: 4