

An Amazing Feeling

拍數: 32 牆數: 4 級數: Improver
編舞者: Elke Schadewald (DE) - October 2020
音樂: I Was Born to Love You - Freddie Mercury



Dance Pattern: 32-32-32-24-TAG-32-32-32-28-32-32-32-32-16-32-32-16
Intro: 16 counts

S 1: Walk r, l, Shuffle forward r-l-r, Rock Step, ¼ shuffle turn l

1,2 Step forward on RF, step forward on LF
3&4 Step forward on RF, step LF next to RF, step forward on RF
5, 6 Rock forward on LF, recover on RF
7&8 ¼ turn left + step LF to left, step RF next to LF, step LF to left (9:00)

S2 Cross - Point r + l, Jazz box ¼ turn right

1, 2 Cross RF diagonal over LF, point left toe to left side
3, 4 Cross LF diagonal over RF, point right toe to right side
5, 6 Cross RF over LF, step back on LF
7, 8 ¼ turn right + step RF to right side, step LF forward (12 Uhr)

(here Restart in wall 13 facing 6:00)

S3 Step, Touch r + l, Side, Behind, Chasse ¼ turn right

1, 2 Step RF forward to right diagonal, touch LF next to RF (Opt.: wave arms to right side)
3, 4 Step LF forward to left diagonal, touch RF next to LF (Opt.: wave arms to left side)
5, 6 Step RF to right, cross LF behind RF *
7&8 Step RF to right, step LF next to RF, ¼ turn right + step RF forward (3 Uhr)

(*here Tag in wall 4 facing 6:00)

S4 Step turn ½, Shuffle forward, full turn, Kick Ball Step

1, 2 Step LF forward - ½ turn right on both balls, take weight to RF (9:00)
3&4 Step LF forward, step RF next to LF, step LF forward *
(*here Restart during wall 8 facing 6:00)
5, 6 ½ turn left + step RF back, ½ turn left + step LF forward (9:00)
7&8 Kick RF forward, step RF (ball) next to LF, step LF slightly forward

Tag: In wall 4 dance up to Count 6 of section 3 (3:00), then replace 7+8 by

7, 8 ¼ turn right + step RF forward, touch LF next to RF (6:00)

Rolling Vine left / right,

1, 2 ¼ turn left + step LF forward, ½ turn left + step RF back
3, 4 ¼ turn left + step LF to left side, touch RF next to LF (6:00)

(when turning, stretch out the arms to the side at chest height)

5, 6 ¼ turn right + step RF forward, ½ turn right + step LF back
7, 8 ¼ turn right + step RF to right side, touch LF next to RF

(lead the arms in front of the body upwards and laterally down again - heart-shaped)

Walk forward 3x, Kick, walk back 3x, Out-Out L-R

1-4 Step forward LF-RF-LF, Kick RF forw. (move stretched arms from bottom over your head)
5, 6, 7 Step back RF-LF-RF (pull down arms with clenched fists to chest height)
&8 LF small jump back to left diagonal, step RF to right side
(weight is on both feet ready to shift to LF - dance starts again with RF)

