

Alien Cha

拍數: 32 牆數: 4 級數: Easy Intermediate
編舞者: Sonja Vocke (DE) - November 2020
音樂: Alien (Live at Mitzpe Ramon Version) - Dennis Lloyd



No Tags / No Restarts

Intro: After 72 cts., (approx. at 40 sec.), when lyrics just started and Dennis sings the words „come from“

Section 1 [1-8] Back Rock, Recover, Kick Ball Step Fwrd., Step ½ Turn L, Chassé ½ Turn L

1-2 rock RF back (1), recover on LF (2)
3&4 kick RF fwd. (3), step on R ball (&), step LF fwd. (4)
5-6 step RF fwd. (5), ½ turn L step on LF (6) 6:00
7&8 chassé ½ turn left: RF-LF-RF (7&8) 12:00

Section 2 [9-16] Side Rock, Recover, Cross Chassé, Point Hip Bump, Paddle ¼ Turn L Hip Bump, Step Lock Step

1-2 rock LF side (1), recover on RF (2)
3&4 cross chassé right: LF-RF-LF (3&4)
5-6 point RF side with hip bump (5), paddle ¼ turn left with hip bump (6) 9:00
7&8 step RF fwd. (7), lock LF behind RF (&), step RF fwd. (8)

Section 3 [17-24] Step, Hitch, Back Lock Back, Sway Sway, Chassé L

1-2 step LF fwd. (1), hitch R knee up (2)
3&4 step RF back (3), lock LF in front of RF (&), step RF back (4)
5-6 sway left (5), sway right (6),
7&8 chassé left: LF-RF-LF (7&8)

Section 4 [25-32] Cross ¾ Turn L, Step, Step Lock Step, Step ½ Turn R, Chassé ¼ Turn R

1-2 cross RF over LF (1), turn ¾ left step on LF (2) 12:00
3&4 step RF fwd. (3), lock LF behind RF (&), step RF fwd. (4)
5-6 step LF fwd. (5), ½ turn right step on RF (6) 6:00
7&8 chassé ¼ turn right: LF-RF-LF (7&8), 9:00

Smile and start again...

All kind of feedback is welcome! Write to: s.vocke@gmx.net