

# Reggae LDIB-VI

**COPPER KNOB**  
STEPSHEETS

拍數: 48      牆數: 4      級數: High Beginner  
編舞者: Lusiana Maemunah (INA) - October 2020  
音樂: Love Yourself (Reggae Cover) - JAHBOY



Start dance on lyrics - No Tag - No Restart

## S1: (SIDE, TOUCH) X4

1-4            Step R to side, Touch L toe behind R, Step L to side, Touch R toe behind L  
5-8            Repeat 1-4

## S2: (HEEL TOUCH, TOE TOUCH, FORWARD SHUFFLE) X2

1-2            Touch R heel forward, Touch R toe back  
3&4           Step R forward, Step L together, Step R forward  
5-6            Touch L heel forward, Touch L toe back  
7&8            Step L forward, Step R together, Step L forward

## S3: FORWARD ROCK, RECOVER, BACK LOCK SHUFFLE, TURN ½ LEFT FORWARD LOCK SHUFFLE, TURN ½ LEFT BACK, BACK

1-2            Rock R forward, Recover on L  
3&4            Step R back, Cross L over R, Step R back  
5&6            Make ½ turn left step L forward, Lock R behind L, Step L forward,  
7-8            Make ½ turn left step R back, Step L back

## S4: LIFT, TURN ¼ RIGHT HOOK, FORWARD LOCK SHUFFLE, FORWARD, TURN ½ LEFT BACK COASTER STEP

1-2            Touch R toe forward diagonally R, Hook R over L  
3&4            Make ¼ turn right step R forward, Lock L behind R, Step R forward  
5-6            Step L forward, Make ½ turn left step R back while sweeping L from front to back  
7&8            Step L back, Step R next to L, Step L forward

## S5: SKATE, SKATE, DIAGONAL RIGHT LOCK SHUFFLE, SKATE, SKATE, DIAGONAL LEFT LOCK SHUFFLE

1-2            Skate R forward diagonally R, Skate L forward diagonally L  
3&4            Step R forward diagonally R, Lock L behind R, Step R forward diagonally R  
5-6            Skate L forward diagonally R, Skate R forward diagonally R  
7&8            Step L forward diagonally L, Lock R behind L, Step L forward diagonally L

## S6: (TOUCH&BUMP, SWEEP BACK) X4

1-4            Touch R toe forward &bump, Sweep R back, Touch L forward&bump, Sweep L back  
5-8            Repeat 1-4

Begin Again

For more information about this dance please contact: [gieprod@yahoo.com](mailto:gieprod@yahoo.com)