

Girl On A Plane

拍數: 32 牆數: 4 級數: Improver
編舞者: Chrystel Arréou (FR) & Sylvie Tortuyaux-Villemaux (FR) - June 2020
音樂: Girl on a Plane - Jack Settle



Intro : 8 counts

SCISSOR CROSS R, SCISSOR CROSS L, SIDE, BEHIND & HEEL & CROSS

1&2 Step R to R side, Step L together, Cross R over L
3&4 Step L to L side, Step R together, Cross L over R
5-6 Step R to R side, Cross L behind R
&7&8 Step R to R side, L Heel on L diagonal, Step L together, Cross R over L

¼ TURN R x 2, SHUFFLE FWD, STEP, TOUCH & HEEL & STEP

1-2 ¼ turn R stepping back on L, ¼ turn R stepping R forward 6h
3&4 Step L fwd, Step R next to L, Step L fwd
5-6 Step R fwd, Touch L behind R
&7&8 Step L on place, R Heel fwd, Step R on place, Step L fwd

CROSS ROCK, CHASSE R, CROSS ROCK, CHASSE L

1-2 Cross R over L, Recover on L
3&4 Step R to R side, Step L next to R, Step R to R side
5-6 Cross L over R, Recover on R
7&8 Step L to L side, Step R next to L, Step L to L side

ROCK STEP, SIDE ROCK, SAILOR STEP WITH ¼ TURN R, ROCK STEP

1&2& Step R fwd, Recover on L, Step R to R side, Recover on L
3&4 Cross R behind L, ¼ turn R stepping L on L side, Step R to R side 9h

Restart on wall 4 (Start 3h/Restart 12h) & wall 7(Start 6h/Restart 3h)

5&6 Step L fwd, Lock R behind L, Step L fwd
7-8 Step R fwd, Recover on L

Tag 1 : At the end of wall 1(facing 9h) & wall 8 (Start 3h/Tag 12h), add 8 counts :

SHUFFLE BACK, BACK ROCK, SHUFFLE FWD, ROCK STEP

1&2 Step back on R, Step L next to R, Step back on R
3-4 Step back on L, Recover on R
5&6 Step L fwd, Step R next to L, Step L fwd
7-8 Step R fwd, Recover on L

Tag 2 : At the end of wall 2 (Start 9h/Tag 6h), add 2 counts : BACK ROCK

1-2 Step back on R, Recover on L

Restart : On walls 4 & 7, after 28 counts add "& : Step L on place" for recover weight on L and start the dance from the beginning