Forgetting You



拍數: 42 編數: Intermediate waltz

編舞者: Marianne Langagne (FR) - 29 October 2020

音樂: Forgetting You - Cam



Intro: Start on « Smoke »

Restarts: -

Restart 1 Wall 4 after 12 counts (Facing 12 o'clock)
Restart 2 Wall 8 after 24 counts (Facing 3a.m)

DANCE

[1 - 6] BACK, HITCH, OUT, BEHIND, SIDE, CROSS

1-2-3 LF Back, Hitch R Knee, Roll the knee to ¼ turn R 4-5-6 RF behind LF, LF to the L, Cross RF over LF

[7-12] SWAY L - R

1-2-3 LF to the L (1), Slow Sway on the left over 2 counts

4-5-6 Slow Sway on the R over 3 counts (weight on RF) - HERE RESTART 2

[13-18] BEHIND, SIDE, CROSS, STEP 1/4 TURN R, HITCH 1/2 TURN R

1-2-3 Cross LF behind RF, RF to the R, Cross LF over RF

4-5-6 RF on ¼ Turn R (3:00), Hitch LF, Pivot on ball R ½ Turning R (9:00))

[19-24] STEP, SWEEP, STEP, POINT L. TO L., HOLD

1-2-3 LF Fwd (1), Sweep RF Back to Front over 2 counts 4-5-6 RF Fwd, L Point to the L, Hold - HERE RESTART 1

[25-30] 1/4 TURN L., 1 TURN 1/4 R. SWEEP

1-2-3 LF Fwd, RF Back on ½ Turn L (3:00), LF to the L on ¼ Turn L (12:00)

4-5-6 RF Fwd on ¼ Turn R (3:00), LF Back on ½ Turn R (9:00), RF FWD on ½ Turn with R Sweep

LF (Back to front) (3:00)

[31-36] CROSS, SIDE, BACK ON 1/8 TURN L, BACK, STEP 1/4 TURN L, STEP FWD

1-2-3 Cross LF over RF, RF to the R, LF Back (1:30)

4-5-6 RF Back, LF to the L (9:00), RF FWD

[37-42] STEP, HITCH, BACK, SWEEP

1-2-3 LF Fwd, Hitch R Knee, Lift the body weight on L Ball over 2 counts

4-5-6 RF Back, Sweep LF Front to Back over 2 counts

FINAL: After HITCH, OUT

SAILOR STEP, SAILOR STEP ON ½ TURN L

ENJOY !!!!

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