

Dance With Dee

拍數: 32 牆數: 2 級數: Beginner Rumba
編舞者: Antoinette Seiler (UK) - October 2020
音樂: Dance With Me - Niko Moon



Intro: 16 counts - 8 count Tag end of wall 9

This dance was written for my lovely friend Dee Ridge & her Bristol ladies. ♥

S1: Cross Points, Behind Side Cross, Hold

1,2 Cross RF over LF pointing LF to L side
3, 4 Cross LF over RF pointing RF to R side
5, 6,7 Step RF behind LF, step LF to L side, Cross RF over LF
8 Hold

S2: Scissor Step Cross Hold, ½ R Rumba Box Back, Hold

1,2,3 Step LF to L side, bring RF next to LF, angling body to the 1.30 diagonal, Cross LF over RF
4 Hold
5,6,7 Step RF to R side straightening body to 12.00, Step LF to RF, Step back on RF
8 Hold

S3: Rock back ¼L Recover, Cross Hold, R Side Rock Recover, Cross Hold

1,2,3 Rock back on the LF opening out to settle on your L hip as you turn ¼ L (9.00), Recover weight to RF, Cross LF over RF
4 Hold
5,6,7 Rock RF to R side, Recover weight to LF, Cross RF over LF
8 Hold

S4: ½ L Rumba Box Back, Hold, R Rocking Chair, ¼ Pivot L

1,2,3 Step LF to L side, Step RF to LF, Step back on LF
4 Hold
5,6,7 Rock back on RF, Recover on LF, Step Forward on RF
8 Turn ¼ L settling weight on LF

TAG: *TAG here end of Wall 9

Serpentine Step

1,2,3,4 Cross RF over LF, Step LF to L side, Step RF behind L with weight, Sweeping LF from front to back
5,6,7,8 Step LF behind RF, Step RF to R side, Step LF over RF with weight, Sweeping RF from back to front