

Bring It To Me

拍數: 32 牆數: 4 級數: Improver
編舞者: Daniel Trepát (NL) - October 2020
音樂: Bring It on Home to Me (feat. Gavin DeGraw) - Martina McBride



Intro: 16 counts from first countable beat in music (app. 16 seconds into track)

[1 - 8] Rock step fwd, ½ turn R, Rock step fwd, ¼ turn L, Rock step fwd, ½ turn R, Step fwd with Sweep, Cross, Side

1 - 2 Rock R forward (1), Recover on L (2) 12:00
&3 - 4 ½ turn R stepping R forward (&), Rock L forward (3), Recover on R (4) 6:00
&5 - 6 ¼ turn L stepping L forward (&), Rock R forward (5), Recover on L (6) 3:00
&7 - 8& ½ turn R stepping R forward (&), Step L forward & sweep R from back to front (7), Cross R over L (8), Step L to L side (&) 9:00

[9 - 16] Cross/Sweep, Behind, 3/8 turn R, 3x Walks L R L, Hitch, 2x Step back R L, Rock step

1 - 2& Cross R behind L & sweep L from front to back (1), Cross L behind R (2), 3/8 turn R stepping R forward (&) 1:30
3 - 5 Walk L forward (3), Walk R forward (4), Walk L forward & Hitch R (5) 1:30
6&7 - 8 Step R back (6), Step L back (&), Rock R back (7), Recover on L (8) 1:30

[17 - 24] 1/8 turn L, 4x Tap R with Arm Movement & Optional Body Movement, Weight Change, 4x Skates Back

1 - 4 1/8 turn L bringing R forward & Tap (1), Tap R (2), Tap R (3), Tap R & change the weight to R (4) 12:00

Arm movement: Stretch arms forward with open hands (1), Pull arms back towards body and close your hands (2 - 4)

Optional Body movement: Roll your body from chest to feet on count 2, 3, 4

See videos for a better view of the rolls

5&6&7&8& Step diagonally L back (5), Collect R next L (&), Step diagonally R back (6), Collect L next R (&), Step diagonally L back (7), Collect R next L (&), Step diagonally R back (8), Collect L next R (&), 12:00

[25 - 32] ¼ turn L, Step fwd with Sweep, Step fwd, Step fwd with Hitch, Step fwd, Step ½ turn R, ½ turn Run around

1 - 4 ¼ turn L stepping L forward & sweep R from back to front (1), Step R forward (2), Step L forward & hitching R (3), Step R forward (4) 9:00
5 - 6 Step L forward starting to ½ turn R (5), Finish ½ turn R recovering weight on R (6) 3:00
&7&8& Step forward on ball of L (&), ¼ turn R crossing R over L (7), Step side on ball of L (&), ¼ turn R crossing R over L (8) Step L forward (&) 9:00

Have Fun and Happy Face!

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