Нарру



拍數: 32

級數: Beginner

編舞者: Warren Fleming (AUS) - October 2020

牆數: 4

音樂: Happy - Carmen Rasmusen : (Album: Nothin' Like The Summer)

Start: On Right Foot after 16 counts.

[1-4] STEP RF FWD, CLOSE, STEP LF FWD, CLOSE, 12.00

- 1-2 step RF fwd @ 45deg R, step RF back in place,
- 3-4 step LF fwd @ 45deg L, step LF back in place,

[5-8] PIGEON TOES,, PIGEON TOES,, 12.00

(with weight on soles of both feet)

- 1-2 swing both heels out, swing both heels back in place,
- 3-4 swing both heels out, swing both heels back in place,

[9-12] RF: STEP, SLIDE, STEP, TOUCH, 12.00

- 1-2 step RF to R side, slide LF beside RF,
- 3-4 step RF to R side, touch LF beside RF,

[13-16] LF: STEP, SLIDE, STEP, TOUCH, 12.00

- 1-2 step LF to L side, slide RF beside LF,
- 3-4 step LF to L side, touch RF beside LF,

[17-20] CHARLSTON STEP,,,, 12.00

- 1-2 step RF fwd, swing LF fwd, (kick)
- 3-4 step LF backwards, touch R toe back,

[21-24] CHARLSTON STEP,,,, 12.00

- 1-2 step RF fwd, swing LF fwd, (kick)
- 3-4 step LF backwards, touch R toe back,

[25-28] GRAPEVINE RIGHT,,, HITCH, 12.00

- 1-2 step RF to R side, cross LF behind RF,
- 3-4 step RF to R side, hitch lift knee up,

[29-32] GRAPEVINE LEFT with ¼ TURN L,,, STOMP, 9.00

- 1-2 step LF to L side, cross RF behind LF,
- 3 making ¼ turn L step LF fwd,
- 4 stomp RF beside LF keeping weight on LF,

**Summer Sounds Country Dance Club

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