

One To Go

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Improver
編舞者: Linda Burgess (AUS) - October 2020
音樂: One Too Many - Keith Urban & P!nk



Intro: 32 counts

{1-8} HEEL STRUT, HEEL STRUT, FWD/ROCK, REPLACE, TOGETHER, HEEL STRUT, HEEL STRUT, FWD/ROCK, REPLACE, TOGETHER

1&2&3&4 Touch R heel fwd, snap R toe down, touch L heel fwd, snap L toe down, rock/step fwd R (with a slight 1/8th turn L), replace weight to L, step R beside L (squaring off to centre)

5&6&7&8 Touch L heel fwd, snap L toe down, touch R heel fwd, snap R toe down, rock/step fwd L (with a slight 1/8th turn R), replace weight to R, step L beside R (squaring off to centre)

{9-16} SIDE, TOGETHER, SIDE, SIDE, TOGETHER SIDE, SLOW JAZZ BOX ¼ R, STEP, LOCK

1&2,3&4 Step R to R, step L beside R, step R to R, step L to L, step R beside L, step L to L

5,6,7,8& Cross/step R over L, step back L, turn ¼ R & step R to R, step fwd L, lock/cross R behind L

{17-24} WALK, WALK, STEP, PIVOT ½ R, STEP FWD, WALK, WALK, STEP, PIVOT ½ L, STEP FWD

1,2,3&4 Step fwd L, step fwd R, step fwd L, pivot ½ turn R, step fwd L

5,6,7&8 Step fwd R, step fwd L, step fwd R, pivot ½ turn L, step fwd R

{25-32} RUMBA BOX STEP, BACK TOE STRUT, BACK TOE STRUT, BACK/ROCK, REPLACE, STEP FWD

1&2,3&4 Step L to L, step R beside L, step fwd L, step R to R, step L beside R, step back R

5&6&7&8 Touch L toe back, lower L heel, touch R toe back, lower R heel, rock/step back L, replace weight to R, step fwd L

Restarts:

Wall 2: (3.00) Dance counts 1- 16 (do the 4 count box step only) restart facing (6.00)

Wall 5: (12.00) Dance counts 1-16 (do the 4 count box step only) restart facing (3.00)

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Dee Musk has choreographed a lovely Intermediate dance to this song. , called (Take me Home)
This is a little one I was asked to choreograph for my Improvers, and as a split floor for Social dancing.