

Life Is Good (인생은 즐거워)

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Eun Hee Yoon (KOR) & Seung Hee Lee (KOR) - October 2020
音樂: The Rebirth (인생은 즐거워) - Jessi (제시)



Intro: 16 counts ***No Tag, No Restart

Sec.1) Walk Forward (R, L), R Forward Mambo, Walk Back (L, R), L Back Mambo

1 - 2 RF walk forward (1), LF walk forward (2)
3&4 Rock RF forward (3), Recover on LF(&), RF back (4)
5 - 6 LF walk back (5), RF walk back (6)
7&8 Rock LF back (7), Recover on RF (&), LF forward (8)

Sec.2) R Side, R Heel Swivel (out ,in), R Cross Behind, L Side, R Cross, L Side, L Heel Swivel (out, in), L Cross Behind, 1/4R R Forward, L Forward

1&2 RF to R side(1), Swivel RF heel out (&), Swivel RF heel in (2)
3&4 RF cross behind LF (3), LF to L side (&), RF cross over LF(4)
5&6 LF to L side(5), Swivel LF heel out (&), Swivel LF heel in (6)
7&8 LF cross behind RF (7), 1/4R RF forward (&), LF forward (8) (3:00)

Sec.3) Back & Knee Up & Down & Up (R, L), R Rocking Chair, R Side, L Cross Back Touch

1&2 RF back with LF knee up (1), LF Knee down (&), LF knee up (2)
3&4 LF back with RF knee up (3), RF Knee down (&), RF knee up (4)
5&6& Rock RF forward (5), Recover on LF (&), Rock RF backward (6), Recover on LF (&)
7 - 8 RF to R side (7), Touch LF cross back RF (8)

Sec.4) L Side, R Back Cross Touch, Walk Forward (R, L), Diagonal Heel Touch & Together (R, L)

1 - 2 LF to L side (1), Touch RF cross back LF (2)
3 - 4 RF walk forward (3), LF walk forward (4)
5 - 6 Touch RF heel diagonally (5), RF next to LF (6)
7 - 8 Touch LF heel diagonally (7), LF next to RF (8)

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