

Halloween Monsters

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 2 級數: Absolute Beginner
編舞者: Betty Lee (CAN) - October 2020
音樂: Monster Mash - Bobby "Boris" Pickett & The Crypt-Kickers



No tags, No Restarts

Intro: 16 counts

Section 1 Stomp-Glide-Stomp, Hold; Stomp-Glide-Stomp, Hold

Prep by squatting slightly, back straight, knees slightly bent

- 1-2 Stomp R forward to R diagonal, Glide L forward anti-clockwise to L diagonal
- 3-4 Stomp down on L, Hold
- 5-8 Repeat 1-4

Section 2 Forward R, Hold, Forward L, Hold; R Fwd Mambo, Hold

- 1-4 Straighten up and walk forward R, Hold; Walk forward L, Hold
- 5-8 Rock step forward R, Recover to L, Step R beside L, Hold

Section 3 Back-Tap-Back, Hold; Back-tap-Back, Hold

- 1-2 Step back L to L diagonal, Tap R beside L,
- 3-4 Step back R to R diagonal, Hold
- 5-8 Repeat 1-4

Section 4 Back L, Hold; Back R, Hold; L Side Mambo, Hold

- 1-4 Step back L, Hold, Step back R, Hold
- 5-8 Rock step L to L, Recover to R, Step L beside R, Hold

Section 5 (Toes in-out, in-out, Toes in-out, in-out)2X

- 1-4 Turn toes in, Turn toes out, Turn toes in, Turn toes out (Elbows bent/move up & down)
- 5-8 Repeat 1-4

Section 6 Step, Pivot ½ L, Walk R-L, Side, Touch, Side, Touch

- 1-4 Step forward R, Pivot ½ turn L, (weight onto L), Walk forward R, Walk forward L (6:00)
- 5-8 Step R to R, Touch L beside R, Step L to L, Touch R beside L

***Options: Tilt head to the R as you step to the R, Tilt head to the L as you step to the L

Section 7 (Toes in-out, in-out, Toes in-out, in-out)2X

- 1-4 Turn toes in, Turn toes out, Turn toes in, Turn toes out (Elbows bent/move up & down)
- 5-8 Repeat 1-4

Section 8 (Side Together Side Touch) R & L

- 1-4 Step R to R, Step L beside R, Step R to R, Touch L to L side
- 5-8 Step L to L, Step R beside L, Step L to L, Touch R to R side

Repeat

***Please feel free, for the fun of it, to add in any arm movements/head movements of Vampires, Zoombi....scary!

Hahaha
Happy Halloween!
Stay safe !!!

