

Just Another Colour

COPPER KNOB
BY SHEETS

拍數: 40 牆數: 2 級數: Intermediate
編舞者: Mark Furnell (UK), Chris Godden (UK) & Alison Johnstone (AUS) - October 2020
音樂: Pink - Dolly Parton, Monica, Jordin Sparks, Rita Wilson & Sara Evans



#8 Count Intro - Restart on Wall 5 after 32 counts

[01 - 08]: Side, Back, Back Sweep, Behind, Side, Cross, ½ turn, Cross, Shoulder Roll

1-2 Step right to right, step left back

Arms: Raise both arms up to shoulder level, palms in

3 Step right back sweeping left from front to back

Arms: Take both arms out to the side

4&5 Step left behind right, step right to right, cross left over right

6& Step right making ¼ turn left, step left to left making ¼ left 6:00)

7-8 Cross right over left pushing right shoulder forward, rotate right shoulder back keep weight on right

[09 - 16]: Out Out, Hold, Ball Weave, ¼ Step, Step ½ Pivot Step, 1&1/8 Turn Hitch

&1-2 Step left to left, step right to right, hold transferring weight to left

Arms: Touch right hand to heart on count 1 (touch the Pink Ribbon)

&3&4 Step right beside left, cross left over right, step right to right, step left behind right

&5 Turn ¼ right step right forward, step left forward, (9:00)

6-7 Pivot ½ right transferring weight onto right, step left forward (3:00)

8 Full turn 1 1/8 left on left foot hitching right knee (1:30)

Easy option for count 8 is to turn 1/8 left on left foot sweeping right from back to front

[17 - 24]: Lunge, Recover, Back, Back Together, Bend, Straighten Up.

1-2 Lunge right forward, recover weight onto left (1:30)

3-4& Step right back, step left back, step right beside left

5-6 Bend both knees,

7-8 Straighten both knees, rising onto toes.

Arms: Sweep arms from knees to the side continuing sweeping up and out ending like wings (Guardian Angel)

[25 - 32]: Step Step ½ Pivot Step, Full Turn, Syncopated Rocks

&1-2 Step right forward, step left forward, pivot ½ right transferring weight onto right (7:30)

3-4& Step left forward, turn ½ left step right back, turn ½ left step left beside right (7:30)

5-6& Rock right forward, recover weight onto left, step right together

7-8& Rock left back, recover weight onto right, turn ¼ right step left to left,

***** Restart here on Wall 5 - Turn ¼ left step left to side on count 8& restart facing 6:00*****

[33 - 40]: Side Sweep, Weave ¼ Turn, Step Pivot, Nightclub Basic, Nightclub Basic

1 Step right behind left sweep left from front to back (9:00)

2&3 Step left behind right, turn ¼ right step right forward, step left forward (12:00)

4& Step right forward, pivot ½ left transferring weight onto left (6:00)

5-6& Step right to right, rock left behind right, recover on right

7-8& Step left to left, rock right behind left, recover on left

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