

Dingga

拍數: 32 牆數: 4 級數: Improver
編舞者: Junghye Yoon (KOR) & Dongsook Kim (KOR) - October 2020
音樂: Dingga (딩가딩가) - MAMAMOO (마마무)



Intro : Start dancing After 16 Count

TAGS and Ending:-

Tag 1 :(9:00)At the eand of first wall(start 12:00)

Tag 2+Tag 1: (12:00)At the end of 8rd wall(start 3:00)

Eanding: end with Tag 1 after 10th wall(start 9:00).

Sec1: SIDE, KICK DIAGONAL L, SIDE, FWD KICK, BACK, SIT DOWN, FWD ROCK, RECOVER

- 1 - 2 Step RF side to R(1), Kick LF diagonal forward L (2)
- 3 - 4 Step LF side to L(3), Kick RF forward(2)
- 5 - 6 Step RF back(5), Sit weigh on RF with LF knee bend (6)
- 7 - 8 Rock forward LF(7), Recover on RF(8)

Sec2: FWD , POINT, FWD, POINT, JAZZ BOX WITH TOUCH

- 1 - 2 Step LF fwd(1), Touch RF side to R(2)
- 3 - 4 Step RF fwd(3), Touch LF side to L(4)
- 5 - 6 Cross LF over RF(5), Step RF back(6)
- 7 - 8 Step LF side to L(7), Touch RF next to LF(8)

Sec3: SIDE, TOUCH, SIDE, TOUCH, TOGETHER WITH HIP BUMP R, HIP BUMP L-R-L-R-LRL

- 1 - 2 Step RF side to R(1), Touch LF side to L(or Bounce RF)(2)
- 3 - 4 Step LF side to L(3), Touch RF side to R(or Bounce LF)(4)
- 5&6& Step RF next to LF with hip bump R(5), Hip bump L(&), R(6), L(&)
- 7&8& Hip bump R(7), L(&), R(8), L(&) ... Last weight on LF

*Note1: Depending on the music, you can bounce 2 and 4 counts.

*Note2: Free arm movement on the 5 to 8 counts

Sec4: WALK ×3 WITH ¼ R, FWD WITH LIFTING RF, LEG SWAY L-R-L-R

- 1 - 3 Turn ¼ R step RF fwd(1), Turn ¼ R step LF fwd(2), Turn ¼ R step RF fwd(3)(9:00)
- 4 Step LF fwd and Lift right leg(4)
- 5 - 8 Sway RF L(5), R(6), L(7), R(8)

Tag1: PAT FINGERS FOR 3 COUNTS, OPEN ARMS

- 1 - 3 Tap the fingers of both arms lightly from the left hip to the right chest(1-3)
- 4 Right Hand to R and Left Hand to L(4)

Tag2: Repeat Sec4, But Full Turn to R For 1 to 4 Counts

- 1 - 3 Turn ¼ R step RF fwd(1), Turn ¼ R step LF fwd(2), Turn ¼ R step RF fwd(3)
- 4 Turn ¼ R step LF fwd and Lift right leg(4)
- 5 - 8 Sway RF L(5), R(6), L(7), R(8)

Start dancing again! Enjoy Dance!

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