

Ain't Cha Mama

COPPER KNOB
BY STEPHEN

拍數: 48 牆數: 4 級數: Novice
編舞者: Tjwan Oei (NL) & The Highway 51 B Dancers (NL) - October 2020
音樂: Ain't Cha Mama - Tommy Ash



Start the dance on lyrics .

S01 - Tap diagonally right forward with right foot - Tap diagonally left forward with left foot

1&2&3&4 RF. Step diag. to right forward - RF. Tap with the heel (up and down) 3 x
5&6&7&8 LF. Step diag. to left forward - LF. Tap with the heel (up and down) 3 x

S02 - Tap diagonally right forward with right foot - Step back - Step back - Coaster step

1&2&3&4 RF. Step diag. to right forward - RF. Tap with the heel (up and down) 3 x
5-6-7&8 LF. Step back - RF. Step back - LF. Step back - RF. Step together - LF. Step forward

S03 - Step diag. right forward - Lock behind - Step forward - Scuff forward - Step diag. left forward - Lock behind - Step forward - Scuff forward

1-2-3-4 RF. Step diag. to right forward - LF. Lock behind RF. - RF. Step forward - LF. Scuff forward
5-6-7-8 LF. Step diag. to left forward - RF. Lock behind LF. - LF. Step forward - RF. Scuff forward

S04 - Pivot ½ turn left (2x) - Jazz box

1-2-3-4 RF. Step forward - RF./LF. ½ turn left - RF. Step forward - RF./LF. ½ turn left
5-6-7-8 RF. Cross over LF. - LF. Step back - RF. Step to right side - LF. Step together

S05 - Vine to right side - Touch to left side - Vine to left side - Touch to right side

1-2-3-4 RF. Step to right side - LF. Cross behind RF. - RF. Step to right side - LF. Touch to left side
5-6-7-8 LF. Step to left side - RF. Cross behind LF. - LF. Step to left side - RF. Touch to right side

S06 - Rocking chair - Pivot ½ turn left - Pivot ¼ turn left

1-2-3-4 RF. Rock forward - Recover weight onto LF. - RF. Rock back - Recover weight onto LF.
5-6-7-8 RF. Step forward - RF./LF. ½ turn left - RF. Step forward - RF./LF. ¼ turn left

Repeat :

After wall nine : Dance the block 05 and block 06 till the music end