

En Blombukett

拍數: 64 牆數: 2 級數: Phrased High Improver
編舞者: Moa Li (SWE), Marie Stridh (SWE) & Madeleine Austrin (SWE) - October 2020
音樂: Några Fina Blommor - Eddie Meduza



Intro: Start after 10 counts, weight on L
Sequence: A B Tag(2 counts) A B A B B(16 counts)

PART A : 32 counts

A1. FWD ROCK, TRIPLE FULL TURN, LOCK STEP FWD, LOCK STEP FWD

1-2 Rock R forward recover back on L
3&4 Triple full turn R (on the spot) stepping R, L, R
5&6 Step L fwd, lock R behind, step L fwd
7&8 Step R fwd, lock L behind, step R fwd

A2. STEP TURN STEP, FULL TURN STEP, FULL TURN STEP, WALK, WALK

1&2 Step fwd L, ½turn R, step fwd L
3&4 ½turn L step back R, ½turn L step fwd L, step fwd R
(easier option: step R, lock L, step R)
5&6 ½turn R step back L, ½turn R step fwd R, step fwd L
(easier option: step L, lock R, step L)
7-8 Walk R L fwd (styling: Prissy walk)

A3. CROSS SIDE ROCK, CROSS SIDE ROCK, WALK X4

1&2 Cross R over L, rock L to L side, recover on R
3&4 Cross L over R, rock R to R side, recover on L
5-8 Make ¾ turn L walking R, L, R, L

A4. FWD TWIST, COASTERCROSS, SIDE ROCK, SAILOR ¼

1&2 Step R fwd, twist both heels to R, back to center, weight on L
3&4 Step R back, step L beside R, cross R over L
5-6 Rock L to L side (sway hips to L), recover on R
7&8 Make a ¼ turn L, cross L behind R, step R to R side, step L to L side

PART B : 32 counts

B1. CROSS & HEEL, CROSS & HEEL, CROSS FLICK, RECOVER HITCH, SIDE HITCH, CROSS FLICK

1&2& Cross R over L(1), step L to L side(&), touch R heel fwd diagonally(2), step R beside L(&)
3&4& Cross L over R(3), step R to R side(&), touch L heel fwd diagonally(4), step L beside R(&)
5&6& Cross R over L(5), flick L heel behind R slap L heel with R hand(&), recover L(6), hitch R
 knee slapping knee with L hand(&)
7&8& Step R to R side(7), hitch L knee slapping knee with R hand(&), cross L over R(8), flick R
 heel behind L slap R heel with L hand(&)

B2. CHASSÉ, ¼ CHASSÉ, V-STEP ¼

1&2 Step R to R side, step L beside R, step R to R side (Styling: flick L behind R)
3&4 Turn ¼ R step L to L side, step R beside L, step L to L side
5-6 Step R diagonally fwd, step L diagonally fwd (Styling: Open arms while stepping fwd)
7-8 Turn ¼ R step R to R side, step L beside R

B3. SIDE TOGETHER, OUT OUT, HOLD, SIDE BODYROLL

1-2 Step R to R side, step L beside
3-4 Step R out to R side, step L out to L side
5-8 Hold and make a sideway bodyroll, start rolling to R side, end with weight on L

Arms: Cross both arms over chest(5) slide arms down gently(6-8)

B4. SAILOR ½ CROSS, ¼ ¼ CROSS, ¼ ¼ CROSS, STEP, FLICK

1&2 Cross R behind left, ½ turn R stepping L to L side, cross R over left (06:00)

3&4 Turn ¼ L step L fwd, turn ¼ L step R to R side, cross L over R (12:00)

5&6 Turn ¼ R step R fwd, turn ¼ R step L to L side, cross R over L (06:00)

7-8 Step L fwd, flick R out and reach out R arm palm facing up

TAG SWAY SWAY

1-2 Rock R slightly fwd sway hips to R, recover on L sway hips to L
