

# OK Not To Be OK

拍數: 32      牆數: 2      級數: Novice WCS  
編舞者: Gina Kargoscha (DE) - October 2020  
音樂: OK Not to Be OK - Marshmello & Demi Lovato



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## [1-8] Cross, Syncopated Side Rock, Cross, 1/4 Turn L Hitch, Close, Point, High Rondé (Easy Version: Sweep)

1&2      Cross RF over LF, Step LF left, Recover on RF  
3-4      Cross LF over RF, Step RF right  
5&6      Turn 1/4 left Hitch LF (9:00), Close LF to RF, Point RF to right  
7-8      High Rondé with RF from front to back (Easy Version: Sweep RF from front to back)

## [9-16] Syncopated Rock back, Step fwd, 3/4 Pivot Turn right, 1/2 Step Turn

1&2      Step RF back, Recover on LF, Step RF fwd  
3-4      Step LF fwd Turn 3/4 right (6:00), Step RF fwd  
5-8      Step LF fwd Turn 1/2 right (12:00) (optional: Hipbumps to the beat while turning)

## [17-24] Run fwd, Bodyroll, Step back, Close 1/2 Turn R, Step fwd, Rockstep

1&2      Step RF fwd, Step LF fwd, Step RF fwd  
3-4      Step LF fwd Bodyroll, Recover on RF  
5&6      Step LF back, Close RF to LF while turning 1/2 right (6:00), Step LF fwd  
7&8      Step RF fwd, Recover on LF

## [25-32] Sailorstep, Syncopated Rock Back, Hitch, Big Step Left, Drag

1&2      Cross RF behind LF, Step LF left, Step RF right  
3&4      Step LF back, Recover on RF, Hitch LF  
5-8      LF big step left, Drag RF to LF

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