

Lose You

拍數: 32 牆數: 4 級數: Improver / Intermediate
編舞者: Marianne Langagne (FR) - October 2020
音樂: Lose You - Jordan Davis



Intro : 16 Counts (Start 1 beat before lyrics)

Restart : At the 8th wall which starts at 3 a.m., dance the first 12 counts then restart at 9 a.m.

Note : For the intermediate version see Option *

[1 - 8] WALK R-L, ANCHOR STEP, BACK L-R, SAILOR STEP WITH ¼ TURN L.

1 - 2 Walk R - L
3 & 4 Weight on RF, LF, RF in place
5 - 6 LF Back, RF Back (* Option : LF FWD on ½ Turn L, RF back on ½ Turn L)
7 & 8 ¼ Turn L-Cross LF behind RF, RF to the R, LF to the L (9a.m)

[9 - 16] WALK R-L & R, CROSS WITH ¼ L., POINT TO R, BACK, POINT TO L., CROSS ROCK & SIDE

1 - 2 Walk R - L
&3-4 RF FWD, ¼ Turn L-Cross LF over RF (6a.m), R Point to the R - HERE RESTART
5 - 6 RF Back, L Point to the L
7 & 8 Cross LF over RF, Recover, LF to the L
& Return on RF

[17- 24] CROSS & HEEL # (L- R), STEP ½ R., TRIPLE FWD

1 & 2 Cross LF over RF, RF to the R, L Heel diagonally L
&3&4 LF on ground, Cross RF over LF, LF to the L, R Heel diagonally R
&5-6 RF next to LF, LF FWD, ½ Turn R weight on RF (12o'clock)
7 & 8 LF FWD, Together, LF FWD (* Option : Triple Full Turn to the R L-R-L)

Cross & Heels moving forward

[25- 32] LARGE STEP FWD, HITCH, POINT BACK , ½ TURN L, STEP ¼ TURN L, CROSS , ½ TURN R. , POINT TO R.

1 - 2 Large Step RF FWD, Hitch L
3 - 4 Toe back leg pulled, ½ Turn L weight on LF (6a.m)
5 & 6 RF FWD, ¼ Turn L-Return on LF, Cross RF over LF (3a.m)
7 - 8 ¼ Turn R-LF Back (6a.m), ¼ Turn R- R Point to the R (9a.m)

ENJOY !!!

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