

Do What You Can

拍數: 32 牆數: 4 級數: Beginner Country
編舞者: Ole Jacobson (DE) & Nina K. (DE) - October 2020
音樂: Do What You Can - Bon Jovi & Jennifer Nettles



Note: The dance begins with the singing

[1-8] Step, recover, back, hold, coaster-step, hold

1,2 RF Step forward - Shift weight to LF
3,4 RF step back - Hold
5,6 LF step back - RF next to LF
7,8 LF step forward - Hold

[9-16] Step, lock, step, hold, side with 1/4 turn right, recover, cross, hold

1,2 RF Step forward - Cross LF behind RF
3,4 RF step forward - Hold
5,6 1/4 turn right, LF step to the left - Shift weight to RF
7,8 Cross LF over RF - Hold

Restart on the 3rd wall (3:00) - 8th wall (6:00) - 15th wall (9:00)

[17-24] Step, recover, side, recover, behind, side, cross, hold

1,2 RF Step forward - Shift weight to LF
3,4 RF step to the right - Shift weight to LF
5,6 Cross RF behind LF - LF step to the left
7,8 Cross RF over LF - Hold

[25-32] Side, together, step, hold, step turn 1/2 left, step turn 1/4 left

1,2 LF step to the left - RF next to LF
3,4 LF step forward - Hold
5,6 RF step forward - 1/2 turn left on both balls (Weight at end on LF)
7,8 RF step forward - 1/4 turn left on both balls (weight at end on LF)

... and from the beginning
