

Picture Us

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Improver
編舞者: Jim Collins (USA) - September 2020
音樂: Picture Us - Anabel Englund : (Single, 2020 - 2:37)



Start on vocals at 6 seconds

Jazz: Feels so Good by Jonathan Butler on the album, So Good; 3:44, Start at 20 seconds in on vocals
R&B: Old School Lovin' by Chante Moore on the album, 20th Century Masters—The Millennium Collection—The Best of Chante Moore, 5:00, start at 38 seconds with the vocal "as the clock"

Section I- Rock, recover, back ½ shuffle, pivot ½, shuffle forward

1-2 Rock forward on right, recover on left
3&4 shuffle ½ turning right (R, L, R)
5-6 step forward on left, pivot ½ right
7&8 shuffle forward, (L, R, L)

Section II- Pivot ¼ left, crossing shuffle (R, L, R), step left, turn right ½, right crossing shuffle (L, R, L)

1-2 Step right forward, pivot 1/4 turn left (weight on left)
3&4 Step right across left, step left to left, step right to left
5-6 Step left to left, step right to right (turning 1/2 right)(facing 9 o'clock)
7&8 step left across right, step right to right, step left across right

Section III- Syncopated right rock and cross (r, l, r), syncopated vine left (l, r, l) , pivot ½ left, sway, sway

1&2 step right to side, recover on left, step right across left
3&4 step left to left, step right behind left, step left to left
5-6 step right forward, pivot ½ left
7-8 sway right, left

Section IV- Shuffle forward, rock, recover, ½ turn shuffle, walk, walk

1&2 step right forward, step left next to right, step right forward
3-4 rock forward on left, recover on right
5&6 ½ turn (left) shuffle (L,R,L)
7-8 step forward right, step forward left

Repeat. Enjoy

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YouTube: <https://www.youtube.com/channel/UCfq43wy1OX4XN7eBzDBpYyA>