

Hasta Mañana

拍數: 32 牆數: 4 級數: Absolute Beginner
編舞者: Lars Kuif (NL) - October 2020
音樂: Hasta Mañana - ABBA



Info : Starts after 16 counts

[1 - 8] Walk R+L, R Shuffle Fwd., Charleston

1, 2 Walk R Fwd. (1), walk L fwd. (2) [12.00]
3&4 Step R fwd. (3), step L next to R (&), step R fwd. (4) [12.00]
5 - 8 Point L toe fwd. (5), step L back (6), point R toe back (7), step R fwd. (8) [12.00]

[9 - 16] Cross, Back, ½ Shuffle Turn L, Step R Fwd., ¼ Turn L, Cross Shuffle

1, 2 Step L across R (1), step R back (2) [12.00]
3&4 ¼ L stepping L to side (3), step R next to L (&), ¼ L stepping L fwd. (4) [06.00]
5, 6 Step R fwd. (5), ¼ L recovering weight on LF [03.00]
7&8 Step R across L (7), step L to side (&), step R across L (8) [03.00]

[17 - 24] L Side Rock, Behind-Side-Cross, Side, Together, R Shuffle Fwd.

1, 2 Rock L to side (1), recover to R (2) [03.00]
3&4 Step L behind R (3), step R to side (&), step L across R (4) [03.00]
5, 6 Step R to side (5), step L next to R (6) [03.00]
7&8 Step R fwd. (7), step L next to R (&), step R fwd. (8) [03.00]

[25 - 32] Side, Together, L Shuffle Back, R Rock Back, R Step Fwd., ½ Turn L

1, 2 Step L to side (1), step R next to L (2) [03.00]
3&4 Step L back (3), step R next to L (&), step L back (4) [03.00]
5, 6 Rock R back (5), recover to L (6) [03.00]
7, 8 Step R fwd. (7), ½ L recovering weight on LF

Begin again!

Tag: At the end of wall 3 (facing 03.00) and 6 (facing 06.00) add:

1 - 4 Step R to side with hip sway R (1), sway L (2), sway R (3), sway L (4)

And begin again.

Questions: larskuifinedance@gmail.com