

Nor Cal

拍數: 32 牆數: 4 級數: Novice
編舞者: Géraldine Porzio (FR), Pascal Quievy (FR), Maryse Dupont (FR) & Patrick Dupont (FR) - August 2020
音樂: Nor Cal - Jonny Houlihan : (Northern California)



Pré intro - intro 32 counts:

Start After Word: (-Yeah Got A Clear Blue Sky-) – no Restart - no Tag

SECTION 1: RIGHT SIDE ROCK, RIGHT CROSS SHUFFLE, PIVOT ¼ TURN RIGHT, PIVOT ½ TURN RIGHT, LEFT STEP FWD, RIGHT POINT BEHIND.

1-2 Step R on R Side (2 nd - weight to R), Recover weight to L
3&4 Step R cross fwd L (5 th - weight to R), Step L on L (1th -weight to L), Step R cross fwd L (5 th -weight to R),
5-6 Pivot ¼ R, Step L back (4th -weight to L), Pivot ½ R, Step R fwd (4 th -weight to R),
7&8 Step L fwd (4 th - weight to L) (9h), Step R point behind Step L,

SECTION 2: RIGHT STEP LOCK STEP, LEFT STEP LOCK STEP, RIGHT STEP FWD, ½ TURN LEFT, RIGHT STEP FWD, LEFT POINT SIDE.

1&2 Step R fwd (4 th -weight to R), Lock Step L behind step R (Lock 1st cross back - weight to L), Step R fwd (4 th -weight to L), (9h)
3&4 Step L fwd (4 th weight to L), Lock step R behind step L (Lock 1st cross back- weight to R), Step L fwd (4 th -weight to L), (9h)
5-6 Step R fwd (4 th -weight to R), ½ turn left (weight to L), (3h)
7-8 Step R fwd (4 th -weight to R), (3h), Step Left point on the left,

SECTION 3: LEFT COASTER STEP, LEFT STEP FWD SPIRAL RIGHT, STEP RIGHT FWD, LEFT ROCK STEP FWD, 3/4 TURN LEFT.

1&2 Step L Back (4 th -weight to L), Step R together Step L (1st-weight to R), Step L fwd ((4 th - weight to L) (3h),
3-4 Spiral turn * to the Right (complete Turn (360°) on Right, Step R fwd (4 th -weight to R), (3h)
« * Un SPIN complet dans le sens opposé du pied avant (360°) avec en final le pied libre croisé devant la cheville de la jambe d'appui (position) »
5-6 Step L fwd (4 th weight to L), Recover on step R (- weight to T), (3h)
7&8 Step L on 3/8 th Turn to L (weight to L), Together to step R (1st -weight to R), Step L on 3/8 st Turn to L, (4 th - weight to L), (6h)

SECTION 4: VAUDEVILLE LEFT, VAUDEVILLE RIGHT, JAZZ BOX ¼ TURN RIGHT CROSS .

1&2& Step R cross over to L (5 th - weight to R), Step L on L (1st -weight to L), Heel Right Diagonally (without body weight) Together Step R Side step L (1st -weight to R), (6h)
3&4& Step L cross over to R (5 th - weight to L), Step R on R (1st -weight to R), Heel Left Diagonally (without body weight) Together Step L Side step R (1st -weight to L), (6h)
5-6 Cross R over L (1st extended - weight to R), Step Left Back, (4 th -weight to L), (6h)
7-8 Pivot ¼ Turn on R, Step R on R (2 nd - weight ton R)-(9h), Cross L over R (5th - weight to L), (9h)

Restart with smile :

Original of choreographers - No modifications without authorization

For questions write to one choreographers (Ver 1.00)

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