

Best of Us

COPPER KNOB
BY STEPHEN

拍數: 16 牆數: 4 級數: Beginner
編舞者: Manuela Gustavsson (SWE) & Dirk Leibing (DE) - October 2020
音樂: Best of Us - Wier



Intro : 8 counts(5 sec.) Style : WCS

One Restart with an easy step change in wall 13 (starting 12:00 / ending 3:00)

(I) Side, Touch, Side, Behind, Side, Cross, Side Rock, Recover, Behind, ¼ Turn, Step

1&2 Step RF right(1), Touch LF next to RF(&), Step LF left(2)

3&4 Step RF behind LF(3), Step LF left(&), Cross RF in front of LF(4)

5-6 Rock LF left(5), Recover on RF(6)

(Roll your LF from ball to heel)

7&8 Step LF behind RF(7), Turn ¼ right stepping RF forward(&)(3:00), Step LF forward(8)

(II) Mambo Step, Shuffle back, Rock back, ½ Turn left(2x)

1&2 Rock RF forward(1), Recover on LF(&), Step RF back(2)

In wall 13 instead of back shuffle(3&4) do a left mambo step back and restart the dance

3&4 Step LF back(3), Close RF next to LF(&), Step LF back(4)

5-6 Rock RF back(5), Recover on LF(6)

7-8 Turn ½ left stepping RF back(7), Turn ½ left stepping LF forward(8)

Alternativ if you don't like turning do Prizzy Walks

7-8 Step RF forward slightly crossing LF(7), Step LF forward slightly crossing RF(8)

Have Fun

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