

# It's Ok

COPPER KNOB  
STEPPSHEETS

拍數: 32      牆數: 2      級數: Improver  
編舞者: Bubba Jones (USA) - October 2020  
音樂: OK Not to Be OK (Duke & Jones Remix) - Marshmello, Demi Lovato & Duke & Jones



## #16 Count Intro

**Kick forward R, Kick R ¼ turn R, Coaster Step RLR, Rock Recover L, R, Shuffle 1/2turn L, LRL**

1-2      Kick R Forward, Kick R ¼ R  
3 & 4      Coaster Step - RLR  
5 -6      Rock L Forward Recover Back R  
7 & 8      Shuffle ½ Turn L, LRL

## **Cross Step, Sailor Step X2**

1 - 2      Cross R over L, Step L to L Side  
3 & 4      Sailor Step, RLR  
5 - 6      Cross L over R, Step R to R Side  
7 & 8      Sailor Step, LRL

## **Heel Grind Turn ¼ R, Coaster Step RLR, Shuffle Forward, LRL then RLR**

1 - 2      R Heel Tap on Floor then twist heel to R ¼ turn R  
3 & 4      Coaster Step RLR  
5 & 6      Shuffle Forward, LRL  
7 & 8      Shuffle Forward, RLR

## **Jazz Box ¼ L X2**

1 - 4      Jazz Box ¼ L, LRLR  
5 - 8      Jazz Box ¼ L, LRL Touch R

## **START OVER**

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