

M & M (Mamita Mini)

COPPER KNOB
STEPSHETS

拍數: 32 牆數: 2 級數: Beginner
編舞者: Pat Newell (USA) - 12 October 2020
音樂: Mamita Mia - Miguel Moly



Patio Dancing 2020 - 32 in

8 CTS MERENGUE TO RIGHT

1-4 Step together Right, left, right, left (moving right)
5-8 Step Right, left, right, touch L beside R

8 CTS MERENGUE TO LEFT

1 '4 Step together Left, right, left, right (moving left)
5-8 Step left, right, left, scuff R beside L

CROSS OVER, STEP BACK, EXTENDED VINE TO RIGHT

1-4 Cross right over left, step back on left, step right on R, cross left over right
5-8 Step right to right, step left behind right, step right to right, step left over right
(weight on left)

ROCK RIGHT, RECOVER, BACK RECOVER 1/2 PIVOT LEFT , HIPS RIGHT, LEFT

1-4 Rock right to right, recover on left, rock right back, recover on left
5-8 step forward on right, pivot 1/2 left (wt on left), push hips right, left

No Tags, No Restarts

DANCE FOR THE HEALTH OF IT
