I Grew Up On That



拍數: 32 牆數: 4 級數: Intermediate

編舞者: Cheryl Dibble (USA) - October 2020

音樂: Grew Up On That - High Valley



Begin after 16 counts

RIGHT COASTER HEEL AND CROSS AND CROSS; SIDE ROCK, RECOVER, BEHIND-OUT-OVER

1&2&3&4. Step R back, step L back, step R heel forward, step R down, cross L over R, step R to right,

Cross L over R

5,6 7&8. Rock R to right, recover L. Step R behind L, step L to left, cross R over L

SIDE ROCK, RECOVER, LEFT SAILOR STEP TURNING $\frac{1}{2}$ LEFT; CROSS AND POINT, CROSS AND POINT

1,2 3&4. Rock L to left, recover R. ½ turn left sailor step to left. (6:00) 5,6,7,8. Cross R over L, point L to left; cross L over R point R to right

(CROSS, STEP, AND CROSS, POINT) X 2

1,2&3,4. Cross R over L, step L to left, step R quickly next to L, cross L over R, point R to right

5,6&7,8. Repeat 1-4

SHUFFLE FORWARD, FORWARD COASTER STEP; SHUFFLE BACK, ¾ TRIPLE STEP TURN LEFT

1&2, 3&4. Shuffle forward RLR, step L forward, step R forward, step L back

5&6, 7&8. Shuffle back RLR, 3/4 trip.step turn to left LRL. (9:00)

***TAG AND RESTART: On wall 3 after 16 steps. Cross R over L, step back on L, sway right, sway left - Then Restart

***RESTART: On wall 7 after first 16 steps