What The Future Holds

拍數: 64

級數: Intermediate

編舞者: Michelle Risley (UK) & Michael Lynn (UK) - September 2020

音樂: What the Future Holds (Single Mix) - Steps

Music Available on iTunes, Amazon Music, 7Digital, Spotify etc.

Phrasing: 64 - 32 - 64+Tag - 64 - 64 - 32+Tag - 64 - 64 (16 count intro, 130 bpm) STEP HITCH, TOUCH BACK, 1/4 PIVOT LEFT, CROSS SIDE, RIGHT SAILOR KICK Step forward right, hitch left 1-2 3-4 Touch left toe back, pivot 1/4 left (09:00) 5-6 Cross right over, step left to side Cross right behind, step left to left side, low kick right to right diagonal 7&8 **OPTIONAL ARMS:** 1-2-3 With clenched fists swing arms like you are running (steps do these arms in the music video).

- LEFT CROSS SHUFFLE, SIDE-HOLD/CLAP. BALLSTEP, SIDE-1/4 TURN HOOK, LEFT SHUFFLE
- &1&2 Step right beside left, cross left over right, step right to right side, cross left over right
- 3-4& Step right to right side, clap (& hold), step left beside right
- 5-6 Step right to right side, 1/4 turn left as you hook the left over right (weight right) (06:00)
- 7&8 Step left forward, close right beside left, step forward left

STEP HITCH, LEFT COASTER STEP, STEP OUTx2, STEP INx2

- 1-2 Step forward right, hitch left
- 3&4 Step back left, step right beside left, step left forward
- 5-6 Step right out, step left out
- 7-8 Step right in, step left in

OPTIONAL ARMS:

- 5 Push both arms forward, palms outward as if gesturing stop
- Cross both wrists in front of your chest with the palms facing upwards as if you are screwing 6 a lightbulb
- 7 Join both hands as if praying and raise upwards above head
- 8 Open both palms and lower as if gesturing a rainbow

RIGHT ROCKING CHAIR, PIVOT 1/2 TURN LEFT, SHUFFLE 1/2 TURN

- 1-2 Rock forward right, recover left
- 3-4 Rock back right, recover left
- 5-6 Step forward right, pivot 1/2 turn left (12:00)
- Step right 1/4 turn left, close left beside right, step back right as 1/4 turn left (06:00) 7&8

RESTART: Wall 2 dance upto count 30 and replace counts 31&32 with another pivot 1/2 turn left (weight left) (06:00)

TAG: Wall 6 dance upto count 30 and replace counts 31&32 with another pivot 1/2 turn left (weight left), then add the 8 count tag (12:00)

LARGE STEP BACK, DRAG HEEL, BALLSTEP, STEP 1/4 SWEEP LEFT, ROCK RECOVER, WALK BACK x2

- 1-2& Large step back left, dragging right heel beside left, step onto right
- 3-4 Step forward left, 1/4 turn left sweeping right back to front (03:00)
- 5-6 Rock forward right, recover left
- 7-8 Step back right, step left beside right.

1/2 HEEL TURN RIGHT, LEFT ROCK RECOVER, BACK TOUCH, 3/4 BOUNCE TURN LEFT





牆數:2

- 1-2 Lift both toes up as you 1/2 turn right on the heels before lowering the toes (weight right) (09:00)
- 3-4 Rock forward left, recover right
- 5 Touch left toe back
- 6-7-8 Unwind 3/4 turn left as you bounce (6-7-8) transferring the weight to the left (12:00)

SIDE ROCK 1/2 TURN, SIDE ROCK, BALL-WEAVE, LEFT SWEEP

- 1-2& Rock right to right side, recover left, step right beside left as you 1/2 turn right
- 3-4& Rock left to left side, recover right, step left beside right
- 5-6 Cross right over left, step left to left side
- 7-8 Cross right behind left as you sweep left front to back

CROSS-SIDE, CROSS ROCK RECOVER, LEFT CHASSE, CROSS-UNWIND FULL TURN

- 1-2 Cross left behind right, step right to right side
- 3-4 Cross rock left over right, recover right
- 5&6 Step left to left side, close right beside left, step left to left side
- 7-8 Cross right over left, unwind full turn left (weights left) (06:00)

TAG (Danced on Walls 3 & 6):

BOX SLIDE FULL TURN

- 1-2 Large step right to right diagonal (with body angled to 10:30), slide left to right
- 3-4 Large step left to left diagonal (with body angled to 5:30)
- 5-6 Large step right to right diagonal (with body angled to 7:30), slide left to right
- 7-8 Large step left forward as you square upto 12:00, dragging right beside left (keeping with on left)

PHRASING:

WALL 2: Dance upto count 30, replace counts 31&32 with a pivot 1/2 turn left (weight left) bringing you to the front.

WALL 3: Dance the entire dance and add the 8 count tag taking you to the back wall.

WALL 6: Wall 6 dance upto count 30, replace counts 31&32 with a pivot 1/2 turn left (weight left), then add the 8 count tag bringing you back to the front wall.

MUSIC:

There is also available "What The Future Holds (3:19)" if using this version you dance 7 walls instead of 8. This doesn't affect the phrasing, happy dancing \Box

"Smile & Sparkle"