

# Carry On

拍數: 40      牆數: 4      級數: Low Advanced  
編舞者: Hiroko Carlsson (AUS) - October 2020  
音樂: Carry On - The Score & AWOLNATION : (iTunes / Spotify)



(16 counts intro / The dance starts on lyrics)

## [S1] Knee Pop Back Walk, Coaster Step-1/2R , Knee Pop Walk Fwd

1 2 3      Step back on R and pop L knee, Step back on L and pop R knee, Step back on R and pop L knee  
4&      Step back on L, Step R next to L  
5 6      Step forward on L, Make a 1/2 turn right recover weight on R (6:00)  
7 8      Step forward on L and pop R knee, Step forward on R and pop L knee

## [S2] Step w/Hitch, Back Touch, Kick-Back Touch-Hitch-&-Point, Kick-Ball-Shuffle Fwd

1 2      Step forward on L hitching R knee forward, Touch back on R  
3&4&      Kick forward on R, Touch back on R, Hitch R knee forward, Step R next to L  
5 6&      Point L to the side, Kick forward on L, Ball step L close to R  
7&8      Shuffle forward R-L-R (6:00)

## [S3] Paddle R, Cross-Hinge 1/2L-Side Sway LR, Cross-Hinge 1/4L-1/2L-Step-Pivot 1/2L

1 2      Step forward on L, Make a 1/4 turn right recover weight on R (9:00)  
3&      Cross L over R, Make a 1/4 turn left stepping back on R  
4 5      Make a 1/4 turn left stepping L to the side and sway to the left (optional: body roll to the left),  
Step R to the side and sway to the right (optional: body roll to the right) (3:00)  
6&7      Cross L over R, Make a 1/4 turn left stepping back on R, Make a 1/2 turn left stepping  
forward on L (6:00)  
&8      Step forward on R, Make a 1/2 turn left recover weight on L (12:00)

## [S4] Out-Out-Fwd-Together, Back Rock-Back, Touch Back, 1/2L, Back Rock-Back

&1&2      Step R out diagonal, Step L out diagonal, Big step forward on R, Step L next to R  
3&4      Slightly angle body to right diagonal/ rock back on R, Recover/rock weight onto L, Step back  
on R (styling: drop shoulders R-L-R)  
5 6      Touch back on L, Make a 1/2 turn left recover weight on R (6:00)  
7&8      Slightly angle body to left diagonal/ rock back on L, Recover/rock weight onto R, Step back on  
L (styling: drop shoulders L-R-L)\*\*

## [S5] Fwd-1/4R-Tap-Side-Cross-Side-Behind-1/4R-Fwd-1/4R-Cross-Swivel w/ Point-In-Point, Kick

1&2&      Step forward on R, Make a 1/4 turn right stepping L to the side, Touch R next to L, Step R to  
the side (9:00)  
3&4&      Cross L over R, Step R to the side, Step L behind R, Make a 1/4 turn right stepping forward  
on R (12:00)  
5&6      Step forward on L, Make a 1/4 turn right recover weight on R, Cross L over R (3:00)  
&7&      Moving towards right - Swivel L heel to the right while pointing R to the side, Swivel L toe to  
the right while touching R toe next to L, Swivel L heel to the right while pointing R to the side  
8      Slightly hop back on L while kicking forward on R

Restart on Wall 4 count 32\*\* (3:00), Wall 5 count 32\*\*(9:00) and Wall 6 count 32\*\* (3:00)

The last wall (wall 7) starts 3:00 o'clock - dance up to count 16 (9:00), then

## [S3] Step-Paddle R, Cross-Reverse Roll

1 2      Step forward on L, Make a 1/4 turn right recover weight on R (12:00)  
3&      Cross L over R, Make a 1/4 turn left stepping back on R  
4&      Make a 1/2 turn left stepping forward on R, Make a 1/4 turn left stepping R to the side (12:00)

Please feel free to contact me if you need any further information. ([hirokoclinedancing@gmail.com](mailto:hirokoclinedancing@gmail.com))  
(updated: 10/Oct/20)

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