

You're Breaking Me

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Improver
編舞者: Gitte Kunckel Stehr (DK) - October 2020
音樂: Breaking Me - Topic & A7S : (Album: Bravo Hits 108)



Intro: 32 counts. No tags - no restarts

Sec. 1 (1-8) Walk, walk, anchor step, reverse pivot turn, pivot turn

1-2 Step R fw (1), step L fw (2)
3&4 Step R behind L (3), change weight to L (&), step back on R (4)
5-6 Touch L back (5), ½ turn L (6 - weight L, 6:00)
7-8 Step R fw (7), ½ turn L keeping weight on R (8, 12:00)

Sec. 2 (9-16) ¼ Turn, hold, ball, side, touch, ¼ turn, ½ turn, shuffle ½ turn

1-2 ¼ turn left stepping L to left side (1, 9:00), hold (2)
&3-4 Step ball of R next to L (&), step L to left side (3), touch R next to L (4)
5-6 ¼ turn R stepping R fw (5, 12:00), ½ turn right stepping back on L (6, 6:00) (*)
7&8 ¼ turn right stepping R to right side (7, 12:00), step L next to R (&, 6:00), ¼ turn right stepping R fw (8, 12:00)

Sec. 3 (17-24) Pivot ¼ turn, cross shuffle, hinge turn (2 x ¼), cross shuffle

1-2 Step L fw (1), pivot ¼ turn right (2, 3:00)
3&4 Cross L over R (3), step R to right side (&), cross L over R (4)
5-6 ¼ turn left stepping back on R (5, 12:00), ¼ turn left stepping L to left side (6), (9:00)
7&8 Cross R over L (7), step L to left side (&), cross R over L (8)

Sec. 4 (25-32) Side rock, sailor ¼ turn, pivot ¼ turn, ball, side, touch

1-2 Rock L to left side (1), recover on R (2)
3&4 Cross L behind R turning ¼ left (3, 6:00), step R next to L (&) step L slightly fw (4)
5-6 Step R fw (5), pivot ¼ turn left (6, 3:00)
&7-8 Step ball of R next to L (&), step L to left side (7), touch R next to L (8)

(*) Easier option sec. 2, count 6, 7&8: Step fw L (6), shuffle fw on R (7&8)

Start again

Ending: Last wall ends facing 3:00 - simply make a ¼ turn left stepping R to right side

Enjoy!
