

# Go to Bed

拍數: 32      牆數: 4      級數: Intermediate  
編舞者: Kevin Formosa (AUS) - August 2020  
音樂: I Should Probably Go To Bed - Dan + Shay : (Single - iTunes)



## Intro: 8 Counts

### [1-8] Fwd, Rock ½ L, Full Turn, ¼ Turn, weave, Cross Rock, Side, Cross

1,2&      Step R fwd, Rock fwd L, Recover weight R  
3,4&      1/2 L Stepping L fwd, ½ L Stepping R back, ½ L Stepping L fwd (6.00)  
5,6&      1/4 L Stepping R to R side, Step L behind R, Step R to R side  
7&8&      Rock L across R, Recover weight R, Step L to L side, Step R across L (3.00)

### [9-16] Nightclub Basic, Spiral ¾, Runaround, Cross, Side Rock, Cross

1,2&      Step L to L side, Rock R slightly behind L, Recover weight L  
3,4&5      Step R to R side Spiral turning ¾ L, Runaround ½ L Stepping L, R, L  
6,7,8&      Cross R over L, Rock L to L side, Recover weight R, Step L across R (12.00)

### [17-24] Diamond, Nightclub Basic, Full Turn

1,2&      Step R to R side, 1/8 L stepping L back, Step R back  
3,4&      1/8 L stepping L to L side, 1/8 L stepping R fwd, Step L fwd  
5,6,7      Step R to R side, Rock L slightly behind R, Recover weight R  
8&      (1) ¼ R stepping L back, ½ L stepping R fwd (1/4 L Stepping L to L side to start Nightclub Basic count 1) (6.00)

### [25-32] Nightclub Basic, Vine ¼ R, Pivot ½ R, Step Fwd, Full Turn

1,2&      Step L to L side (finishing full turn), Rock R slightly behind L, Recover L  
3,4&      Step R to R side, Step L behind R, 1,4 R stepping R fwd  
5,6,7      Step L fwd, Pivot ½ R weight R, Step L fwd  
8&      ½ L stepping R back, ½ L stepping L fwd (9.00)

**Restart: On wall 3 dance the first 16 counts then Restart**  
**Changing the last step to a fwd step to make it easier to restart**

Start Again

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V1.0