Copacabana 2.0



拍數: 32 牆數: 4 級數: High Beginner

編舞者: Betty Dance (HK) - October 2020 音樂: Copacabana - Barry Manilow



Intro: 48 (6x8) counts

(1-8) SAMBA BASIC, BOTA FOGO

Step forward L, move R on ball without weight next to L, L in place with weight move to it Step back R, move L on ball without weight next to R, R in place with weight move to it

Forward step L, move R to R side on ball without weight, replace weight to L Forward step R, move L to L side on ball without weight, replace weight to R

(9-16) TRAVELLING VOLTA TO R, CROSS RECOVER SIDE L & R

1a2a3a4 (Cross L in front of R, lock R on ball without weight)x3, cross L in front of R

5a6a7a8 Cross L to R side, recover R, step L to L side

(17-24) TRAVELLING VOLTA TO L, CROSS RECOVER SIDE R & L

1a2a3a4 (Cross R in front of L, lock L on ball without weight)x3, cross R in front of L

5a6-7a8 Cross R to L side, recover L, step R to R side

(25-32) WHISK L & R, KICK BALL CHANGE, STEP, 1/4 TURN STEP

1a2-3a4 Step L to L side, move R behind R on ball without weight, Step R to R side, step R to R side,

move L behind L on ball without weight, step L to L side,

5a6-7-8 Kick L forward & cross, L with ball without weight back on floor, replace weight to R, step

forward L, ¼ turn step R (3:00)

*2nd wall starts at 3:00

END

Please watch my demo & walk through videos for practice!

Let's be happy & dance in the sun!

Enjoy dancing with Betty Dance!