

This Is Why

拍數: 32 牆數: 2 級數: Intermediate
編舞者: Kim Ray (UK) - March 2020
音樂: Why I Love You (feat. NSTASIA) - MAJOR.



Intro: 16 counts

S1: SPIRAL LEFT, STEP FORWARD, ½ PIVOT TURN LEFT, RUN FORWARD, LEAN FORWARD, RUN BACK, LARGE STEP BACK, COASTER STEP

1-2 Step forward on right spiralling full turn left, step forward on left (12:00)
&3 Step forward on right, ½ pivot turn left (6:00)
4& Run forward on right, run forward on left
5 Step forward/lean on right
6&7 Step back on left, run back on right, large step back on left
&8& Step back on right, step left next to right (coming up on toes), step forward on right (6:00)

S2: STEP FORWARD ON LEFT SWEEP ¼ TURN LEFT, CROSS SIDE BEHIND SWEEP, BEHIND SIDE CROSS/LIFT, BACK SIDE, ½ PIVOT TURN LEFT, FULL TURN LEFT

1 Step forward on left sweeping right out and round making ¼ turn left (3:00)
2&3 Cross right over left, step left to left side, cross right behind left hitching left out and back
4&5 Cross left behind right, step right to right side, turning 1/8 to right cross left over right raising right knee up slightly (4:30)
6& Step back on right, step left to left side
7-8 Turn ¼ turn left step forward on right (1:30), ½ pivot turn left (7:30)

S3: FRONT SIDE BEHIND SWEEP, BEHIND SIDE, ½ PIVOT X 2, LEAN FORWARD/RECOVER, TOGETHER

&1 ½ turn left stepping back on right, ½ turn left stepping forward on left sweeping right out and forward (facing 7:30)
2&3 Cross right over left, step left to left side, cross right behind left sweeping left out and back
4& Cross left behind right, turn 1/8 turn right step right to right side (9:00)
5&6& Turn 1/8 turn right step forward on left, ½ pivot turn right, step forward on left, ½ pivot turn right (10:30)
7-8& Lean forward on left pushing both arms forward, recover weight back on right bringing arms back in, step left next to right

S4: STEP BACK SWEEP, BEHIND SIDE CROSS SWEEP, CROSS SIDE ROCK/RECOVER, BALL ROCK/RECOVER, ¼ TURN LEFT

1 Step back on right sweeping left out and back (10:30)
2&3 Cross left behind right, step right to right side, cross left over right sweeping right out and forward making 1/8 turn left (9:00)
4& Cross right over left, step left to left side,
5-6& Cross rock right over left, recover back on left, step right to right side
7-8& Cross rock left over right, recover back on right, ¼ turn left step forward on left (6:00)

Last wall : dance to the count 2 of S1 and slowly sweep right out and forward and across left (12:00).

Contact: kim.ray1956@icloud.com