

MHF (I Need You)

拍數: 32 牆數: 2 級數: Low Improver
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音樂: Me Haces Falta - Antonio José



[1-8] STEP BWD X 3 & HITCH, STEP BWD X 3 & HITCH, ROCKIN CHAIR, STEP BWD & TOUCH

1&2& RF step bwd, LF step bwd, RF step bwd, LF hitch
3&4& LF Step bwd, RF step bwd, LF step bwd, RF Hitch
5&6& RF rock bwd, LF recover, RF Rock fwd, LF Recover
7-8 RF Step Bwd, LF Touch near RF

[9-16] STEP FWD, TOGETHER, CHASSE ½ TURN L, ¼ L STEP TURN WITH HIP ROLL X 2

1-2 LF step fwd, RF step fwd near LF
3&4 LF ¼ turn Left & step fwd, RF Step together & ¼ turn Left, LF step fwd (6.00)
5-6 RF Step Fwd, LF ¼ turn L & cross over RF (3.00)
7-8 RF Step Fwd, LF ¼ turn L & cross over RF (12.00)

Restart when finish count 12 on wall 4 start again

[17-24] MAMBO CROSS, SYNCOPATED ½ TURN R, FULL TURN L, STEP FWD & CLOSE

1&2 RF step side R, LF recover, RF cross over LF
3&4 LF step fwd, RF ½ turn R, LF step fwd (6.00)
5-6 RF ½ turn L & step bwd, LF ½ turn L & step fwd (6.00)
7-8 RF step fwd, LF close near RF

Restart: When finish count 24 on wall 1 & wall 8 start again

[25-32] BOTAFOGO, CROSS OVER, STEP BWD, HITCH, MAMBO BWD & FWD

1&2 RF cross over LF, LF rock side L, RF recover
3&4& LF cross over RF, RF step side R, LF step bwd, RF hitch
5&6 RF mambo bwd, LF recover, RF step fwd together LF
7&8 LF mambo fwd, RF recover, LF step bwd together RF

Restart Tag: On 5 wall,

When you make the step 30, change "RF step fwd together LF" for toe touch near LF and start again.