

If I Can Dream

COPPER KNOB
STEPSHEETS

拍數: 40 牆數: 4 級數: Beginner
編舞者: Betty Dance (HK) - October 2020
音樂: If I Can Dream - Elvis Presley



Intro : 16 counts

SECTION 1: (1-8) FORWARD COASTER STEP L, BACK SHUFFLE R, BACK COASTER STEP L, FORWARD SHUFFLE STEP R

- 1&2-3&4 Step forward L, step forward R next to L, Step back L, step back R, step ball of L next to R, step back R
- 5&6-7&8 Step back L, step back R next to L, Step forward L, step forward R, step ball of L next to R, step forward R

SECTION 2: (1-8) HEEL STEP L, HEEL R STEP R, BACK SIDE FORWARD L, HEEL R STEP R, HEEL L STEP L, BACK SIDE FORWARD R

- 1&2&3&4 Heel L diagonally to L side, step L in place, heel R diagonally to R side, step R in place, back L, step side R, step forward L
- 5&6&7&8 Heel R diagonally to R side, step R in place, heel L diagonally to L side, step L in place, back R, step side L, step forward R

SECTION 3: (1-8) SIDE CHASSE L, KICK BALL CHANGE , SIDE CHASSE R, KICK BALL CHANGE

- 1&2-3&4 Step side L, step ball of R next to L, step together L, kick R diagonally to L, step ball of R next to L, step L in place
- 5&6-7&8 Step side R, step ball of L next to R, step together R, kick L diagonally to R side, step ball of L next to R, step R in place

SECTION 4: (1-8) SAILOR STEP L, SAILOR STEP R, SIDE LOCK STEP L, SIDE LOCK STEP R

- 1&2-3&4 Cross step L behind R, step R to R side, step L to L side, cross step R behind L, step L to L side, step R to R side
- 5&6-7&8 Step side L, step R crossed behind L, step L diagonally to L side, step side R, step L crossed behind R, step R diagonally to R side

SECTION 5: (1-8) FORWARD L, STEP FORWARD R WITH ¼ R TURN (3:00), CROSS SHUFFLE L, POINT STEP R, POINT STEP L, STEP R, POINT L

- 1-2-3&4 Step forward L, step forward R with ¼ R turn (3:00), step cross L to R side, step ball of R next to L, step cross L to R side
- 5&6&7-8 Point R to R side, step R next to L, point L to L side, step L next to, step R, point L next to R

REPEAT

Please watch my dance video for demo and arm styling!

Enjoy dancing with Betty!