

Me Gusta Ya Yah

拍數: 48 牆數: 4 級數: Phrased Improver
編舞者: Rissa Miura (INA) - October 2020
音樂: Me Gusta (with Cardi B & Myke Towers) - Anitta



Intro dance : 16 Counts - Sequence : AAB AAAB AAAB
No Tag, No Restart

A1 CROSS ROCK - CLOSE (R-L) - ¼ JAZZBOX

1-2& Cross R over L, Recover on L, Step R beside L, 3-4& Cross L over R, Recover on R, Step L beside R
5-6 Cross R over L, ¼ turn right step L back
7-8 Step R to side, Step L forward (03:00)

A2 SIDE TOUCH - CLOSE - SIDE TOUCH -CLOSE- R DIAGONAL FORWARD - L DIAGONAL FORWARD - BACK - ¼ TURN

1-2 Touch R to side, Step R beside L
3-4 Touch L to side, Step L beside R
5-6 Step R diagonally forward to right, Step L diagonally forward to left
7-8 Step R back to center, ¼ turn left step R to L side (12:00)

A3 SYNCOPATED CROSS - SIDE ROCK - BEHIND - SIDE - CROSS

1&2& Cross R over L, step L to side, Cross R over L, step L to side
3&4 Cross R over L, step L to side, cross R over L
5-6 Step L to side, recover on R
7&8 Step L behind R, step R to side, cross L over R

A4 EXTENDED CHASSE - SIDE - EXTENDED CHASSE - ¼TURN - FLICK

1&2 Step R to side, step L next to R, step R to side
&3-4 Step L next to R, step R to side, step L to side
5&6 Step R to side, step L next to R, step R to side
&7-8 Step L next to R, step R to side, ¼ turn left step R in place R heel up and kick to back (weigh on L) (09:00)

B1 FORWARD ROCK - CLOSE (R-L) - BACK PADDLE 1/2 TURN

1-2& Step R forward, recover on L, Step R next to L
3-4& Step L forward, recover on R, step R next to R
5-6 Touch R to side, ¼ turn to right touch R to side
7-8 ¼ turn to right touch R to side, Step R next to L

B2 FORWARD ROCK - CLOSE (R-L) - FORWARD -HEEL BOUNCE 1/2 TURN- TOUCH

1-2& Step R forward, recover on L, Step R next to L
3-4& Step L forward, recover on R, step R next to R
5-6 Step R forward, bounce both heel ¼ turn to left
7-8 Bounce both heel ¼ turn to left, Touch R next to L

Have Fun Dancing! May your days be gold :)

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