

It's OK If You Forget Me

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: High Beginner
編舞者: Val Saari (CAN) - October 2020
音樂: It's OK If You Forget Me - Astrid S



Begin on the word "Two"

TOE TRIANGLE, REVERSE GRAPEVINE, L TOE-TOUCHES, REVERSE GRAPEVINE 1/4 R

1-2 Touch RF toes forward, Touch RF toes to R side
3&4 Cross-step RF behind left, Step LF left, Cross-step RF in front of L
5-6 Tap LF toes to 11:00 twice
7&8 Cross-step LF behind R, Step RF right, Cross-step LF in front of R 1/4 R

MAMBOS FORWARD, COASTER STEP, STEP-TURN 1/2 L, STEP-TURN 1/4 L

1&2 Rock forward on RF, Recover LF, Step back on RF
3&4 Step back on LF, Step RF together, Step LF forward
5-6 Step RF forward, Turn 1/2 turn left (weight on left)
7-8 Step RF forward, Turn 1/4 turn left (weight on left)

BRUSH-BALL CHANGE X 2 (RR), OUT, OUT, IN, IN

1&2 Brush RF forward, Step RF together, Step LF together, hold
3&4 Brush RF forward, Step RF together, Step LF together, hold
5-6 Step RF right, Step LF left
7-8 Step RF left, Step LF together

RF SHUFFLE FWD, TURN 1/2 R, LF SHUFFLE FWD, TURN 1/4 L

1&2 Step RF forward, Step LF beside R, Step RF forward
3-4 Step LF forward, Turn 1/2 R
5&6 Step LF forward, Step RF beside L, Step LF Forward
7-8 Step RF forward, Turn 1/4 L

REPEAT

No tags, no restarts

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