

# Irish Swing

拍數: 64      牆數: 4      級數: Intermediate / Advanced  
編舞者: Angéline Fourmage (FR) - October 2020  
音樂: Irish Swing - Aroze



Start : 16 count  
Sequence : A-A-32-A-A-A-A

## [1-8] Rock-Step, Weave, Heel, Together, Touch, Together, Heel, Together, Touch, Together

1-2            RF to the R side, Recover to LF  
3&4           Cross RF behind LF, LF to L side, Cross RF over LF  
5&6&        Touch L Heel FW, LF next to RF, Touch RF behind LF, RF next to LF  
7&8&        Touch L Heel FW, LF next to RF, Touch RF behind LF, RF next to LF

## [9-16] Rock-Step, Weave, Heel, Together, Touch, Together, Heel, Together, Touch

1-2            LF to the L side, Recover to RF  
3&4           Cross LF behind RF, RF to R side, Cross LF over RF  
5&6&        Touch R Heel FW, RF next to LF, Touch LF behind RF, LF next to RF  
7&8           Touch R Heel FW, RF next to LF, Touch LF behind RF

## [17-24] Triple-Step, Triple-Step, Rock-Step, Chassé ¼ L

1&2           LF FW, RF next to LF, LF FW  
3&4           RF FW, LF next to RF, RF FW  
5-6           LF FW, Recover to RF  
7&8           Make ¼ L with LF to L side, RF next to LF, LF to the L side

## [25-32] Rock-Step, Triple Turn, Coaster-Step, Rock-Step, Point, Clap, Clap

1-2           RF FW, Recover to LF  
3&4           Triple-Turn R (Make ½ R with RF FW, Make ¼ R with LF next to RF, Make ½ R with RF FW)  
(Option : Coaster-Step)  
5-6&        LF FW, Recover to RF, LF next to LF  
7&8           Point RF to the R side, Clap, Clap \*Restart (3:00)

## [33-40] Cross, Hold, Ball, Cross, Point, Sailor-Step ½ L, Stomp Up, Stomp Up

1-2&        Cross RF over LF, Hold, LF to the L side  
3-4           Cross RF over LF, Point LF to the L side  
5&6        Sailor-Step ½ L (Cross LF behind RF, Make ¼ L with RF to the R side, Make ¼ L with LF FW)  
7-8        R Stomp Up FW, R Stomp Up FW (Weight is on LF)

## [41-48] Cross, Hold, Ball, Cross, Point, Sailor-Step ½ L, Stomp Up, Stomp Up

1-2&        Cross RF over LF, Hold, LF to the L side  
3-4           Cross RF over LF, Point LF to the L side  
5&6        Sailor-Step ½ L (Cross LF behind RF, Make ¼ L with RF to the R side, Make ¼ L with LF FW)  
7-8        R Stomp Up FW, R Stomp Up FW (Weight is on LF)

## [49-56] Rock-Step, Coaster-Step, Brush, Hitch, Step FW, Brush, Hitch, Step FW

1-2           RF FW, Recover to LF  
3&4           RF Back, LF next to RF, RF FW  
5&6        Brush LF FW, L Hitch FW, LF FW  
7&8        Brush RF FW, R Hitch FW, RF FW

**[57-64] Rock-Step, Chassé ½ L, Brush, Hitch, Brush, Hitch**

- 1-2 LF FW, Recover to RF  
3&4 Chassé ½ L (Make ¼ L with LF to the L side, RF next to LF, Make ¼ L with LF FW)  
5&6 Brush RF FW, R Hitch FW, RF FW  
7&8 Brush LF FW, L Hitch FW, LF FW

**Smile and enjoy the dance**

**Contact : [maellynedance@gmail.com](mailto:maellynedance@gmail.com)**

---