

OK Not to Be OK

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 2 級數: Beginner
編舞者: Gail A. Dawson (USA) - October 2020
音樂: OK Not to Be OK - Marshmello & Demi Lovato



Intro - Start when the beat starts - about 32 counts from when she starts singing, when she says "Nothing Left" count in - left is count 5, 6, 7, 8
No Tags, No Restarts

Rock, Recover, Side, Together, Cross, Rock, Recover, Side, Together, Cross

1,2 R step to R with partial weight on ball of foot, recover to L touching R beside L
3&4 R step to R, L step beside R, R cross over L
5, 6 L step to L with partial weight on ball of foot, recover to R touching L beside R
7&8 L step to L, R step beside L, L cross over R

Step, Touch, Step, Touch, V-Step

1, 2 R step diagonally to R, L touch beside R
3, 4 L step diagonally to L, R touch beside L
5, 6 R step out diagonally to R, L step out diagonally to L
7, 8 R step in (slightly back), L step beside R

Vine Right, Vine Left

1, 2 R step to R, L step behind R
3, 4 R step R, L touch beside R
5, 6 L step L, R step behind L
7, 8 L step L, R touch beside L

Kick, Step, Point, Kick, Step, Point, Step, Pivot ¼, Step, Pivot ¼

1&2 R kick, R step beside L. L point L
3&4 L kick, L step beside R, R point R
5, 6 R step forward, pivot ¼ to L (9 o'clock)
7, 8 R step forward, pivot ¼ to L (6 o'clock)

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