

Lasting Lover

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Kim Ray (UK) - October 2020
音樂: Lasting Lover - Sigala & James Arthur : (Single)



Start 16 counts on vocals

S1 ROCK FORWARD/RECOVER, SHUFFLE ¼ TURN RIGHT X 2, ¼ TURN RIGHT STEP SIDE, CROSS LEFT OVER

- 1-2 Rock forward on right, recover back on left
3&4 ¼ turn right stepping right to right side, step left next to right, ¼ turn right stepping forward on right
5&6 ¼ turn right stepping left to left side, step right next to right left, ¼ right stepping back on left (6:00)
7-8 ¼ turn right stepping right to right side, cross left over right (3:00)

S2 STEP SIDE, DRAG, BALL CROSS, SIDE, CROSS SHUFFLE, ROCK FORWARD/RECOVER

- 1-2 Large step to right side, drag left to right (3:00)
&3-4 Step left slightly back, cross right over left, step left to left side
5&6 Cross right over left, step left to left side, cross right over left
7-8 To the left diagonal rock forward on left, recover back on right (1:30)

S3 ROCK BACK/RECOVER, STEP FORWARD, PIVOT ¼ TURN LEFT, SHUFFLE ¼ TURN LEFT, STEP BACK

- 1-2 Rock back on left, recover forward on right
3 Step forward on left
4-5 Step forward on right, ½ pivot turn left (7:30)
6&7 ¼ turn left stepping right to right side, step left next to right, ¼ turn left stepping back on right
8 Step back on left (1:30)

S4 STEP BACK, HOLD, BALL BACK ROCK/RECOVER, STEP POINT, STEP SCUFF

- 1-2 Step back on right, hold
&3-4 Step left next to right, rock back on right, recover on left
5-6 Step right slightly over left, point left toe to left side
7-8 Cross left slightly over right, scuff right forward turning 1/8th right to (3:00) (TAG 1 & 2 & RESTART HERE WALLS 3 & 4)

S5 JAZZ BOX CROSS, SIDE ROCK/RECOVER, CROSS SHUFFLE

- 1-2 Cross right over left, step back on left
3-4 Step right to right side, cross left over right
5-6 Side rock right to right side, recover on left
7&8 Cross right over left, step left to left side, cross right over left (3:00)

S6 ¼ HINGE TURN RIGHT, CROSS SHUFFLE, SIDE ROCK/RECOVER, CROSS, SIDE

- 1-2 ¼ turn right stepping back on left, ¼ turn right stepping right to right side (9:00)
3&4 Cross left over right, step right to right side, cross left over right
5-6 Rock right to right side, recover on left
7-8 Cross right over left, step left to left side (9:00)

S7 SLOW SAILOR STEP, SAILOR STEP, BEHIND, ¼ TURN LEFT STEP FORWARD ON LEFT, STEP FORWARD ON RIGHT

- 1-3 Cross right behind left, step left to left side, step right to right side
4&5 Cross left behind right, step right to right side, step left to left side

6-7 Cross right behind left, ¼ turn left stepping forward on left (6:00)
8 Step forward on right

S8 ½ TURN LEFT, SHUFFLE ½ TURN LEFT, BACK TOGETHER, KICK BALL STEP, STEP FORWARD

1 ½ pivot turn left (12:00)
2&3 ¼ turn left stepping right to right side, step left next to right, ¼ turn left stepping back on right
4-5 Step back on left, step right next to left (6:00)
6&7 Kick left forward, step down on left, step slightly forward on right
8 Step forward on left (6:00) (TAG 1 HERE WALL 7)

TAG 1: 8 COUNTS BELOW (2 JAZZ BOXES WALLS 3 & 7). TAG 2: FIRST 4 COUNTS BELOW (1 JAZZ BOX WALL 4)

1-4 Cross right over left, ¼ turn right stepping back on left, step right to right side, step forward on left

5-8 Cross right over left, step back on left, step right to right side, step forward on left

NOTE WALL 7 TAG ADD ANOTHER ¼ TURN RIGHT ON 2ND JAZZ BOX (12:00)

Ending: Dance to count 8 of S4 but turn 1/8 to left and cross right over left to finish at 12:00

Last Update - 9 Oct. 2020
