

Deep Water

拍數: 152 牆數: 1
編舞者: Tjwan Oei (NL) - October 2020
音樂: Marsha Thornton - Deep Water



Sequence : A - B - C - A - B - C

Start the dance on lyrics .

A :

A01 Vine to right side - Side rock - Recover - Step 1/4 turn left forward - Step forward

1-2-3-4 RF. Step to right side - LF. step behind RF. - RF. step to right side - LF. cross over RF.
5-6-7-8 RF. Rock to right side - Rec. weight onto LF. - RF. step ¼ turn left fwd. - LF. step fwd.

A02 Step (diag.) to right fwd. - Lock behind - Step fwd. - Scuff fwd. - Step (diag.) to left fwd. - Lock behind - Step fwd. - Scuff fwd.

1-2-3-4 RF. Step (diag.) to right fwd. - LF. lock behind RF. - RF. step fwd. - LF. scuff fwd.
5-6-7-8 LF. Step (diag.) to left fwd. - RF. lock behind LF. - LF. step fwd. - RF. scuff fwd.

A03 Cross over - Step back - Step back - Cross over - Rock back - Recover - Walk fwd. (R - L)

1-2-3-4 RF. Cross over LF. - LF. step back - RF. step back - LF. cross over RF.
5-6-7-8 RF. Rock back - Recover weight onto LF. - Walk fwd. (R - L)

A04 Jazz box - Jazz box with 1/4 turn left fwd.

1-2-3-4 RF. Cross over LF. - LF. step back - RF. step to right side - LF. step together
5-6-7-8 RF. Cross over LF. - LF. step back - RF. step ¼ turn left back - LF. step together

A05 Vine to right side - Side rock - Recover - Step 1/4 turn left forward - Step forward

1-2-3-4 RF. Step to right side - LF. step behind RF. - RF. step to right side - LF. cross over RF.
5-6-7-8 RF. Rock to right side - Recover weight onto LF. - RF. step 1/4 turn left fwd. - LF. Step fwd.

A06 Step (diag.) to right fwd. - Lock behind - Step fwd. - Scuff fwd. - Step (diag.) to left fwd. - Lock behind - Step fwd. - Scuff fwd.

1-2-3-4 RF. Step (diag.) to right side fwd. - LF. lock behind RF. - RF. step fwd. - LF. scuff fwd.
5-6-7-8 LF. Step (diag.) to left fwd. - RF. lock behind LF. - LF. step fwd. - RF. scuff fwd.

A07 Rock fwd. - Recover - Step 1/2 turn right fwd. - Step fwd. - Jazz box

1-2-3-4 RF. Rock fwd. - Recover weight onto LF. - RF. step ½ turn right fwd. - LF. step fwd.
5-6-7-8 RF. Cross over LF. - LF. step back - RF. step to right side - LF. step together -

A08 Pivot 1/4 turn left (2x) - Hips sway (R - L - R - L)

1-2-3-4 RF. Step fwd. - RF./LF. step ¼ turn left - RF. step fwd. - RF./LF. step ¼ turn left
5-6-7-8 Hips sway (R - L - R - L)

B :

B01 Step to right side - Together - Back rock - Recover - Rock fwd. - Recover - Kick ball cross

1-2-3-4 RF. Step to right side - LF. step together - RF. rock back - Recover weight onto LF.
5-6-7-8 RF. Rock fwd. - Recover weight onto LF. - RF. kick fwd. - RF. set ball down - LF. cross over RF.

B02 Step to right side - Together - Back rock - Recover - Rock fwd. - Recover - Jump (out-in)

1-2-3-4 RF. Step to right side - LF. step together - RF. rock back - Recover weight onto LF.
5-6-7-8 RF. Rock fwd. - Recover weight onto LF. - Jump (RF. / LF. out - RF./ LF. in)

B03 Step (diag.) to right fwd. - Lock behind - Step fwd. - Scuff fwd. - Step (diag.) to left fwd. - Lock behind -

Step fwd. - Scuff fwd.

1-2-3-4 RF. Step (diag.) to right fwd. - LF. lock behind RF. - RF. step fwd. - LF. scuff fwd.

5-6-7-8 LF. Step (diag.) left fwd. - RF. lock behind LF. - LF. step fwd. - RF. scuff fwd .

B04 Rocking chairs - Pivot 1/2 turn left - Pivot 1/4 turn left

1-2-3-4 RF. Rock fwd. - Recover weight onto LF. - RF. rock bak - Recover weight onto LF.

5-6-7-8 RF. Step fwd. - RF./LF. step ½ turn left - RF. step fwd. - RF./LF. step ¼ turn left

B05 Vine to right side - Side rock - Recover - Step 1/4 turn left forward - Step forward

1-2-3-4 RF. Step to right side - LF. step behind RF. - RF. step to right - LF. cross over RF.

5-6-7-8 RF. Rock to right side - Recover weight onto LF. - RF. step ¼ turn left fwd. - LF. step fwd.

B06 Step (diag.) to right fwd. - Lock behind - Step fwd. - Scuff fwd. - Step (diag.) to left fwd. - Lock behind - Step fwd. - Scuff fwd.

1-2-3-4 RF. Step (diag.) to right fwd. - LF. lock behind RF. - RF. step fwd. - LF. scuff fwd.

5-6-7-8 LF. Step (diag.) left fwd. - RF. lock behind LF. - LF. step fwd. - RF. scuff fwd.

B07 Cross over - Step back - Step back - Cross over - Rock back - Recover - Walk fwd. (R - L)

1-2-3-4 RF. Cross over LF. - LF. step back - RF. step back - LF. cross over RF.

5-6-7-8 RF. Rock back - Recover weight onto LF. - Walk forward (R - L)

B08 Jazz box - Jazz box with ¼ turn left

1-2-3-4 RF. Cross over LF. - LF. step back - RF. step to right side - LF. step together

5-6-7-8 RF. Cross over LF. - LF. step back - RF. step ¼ turn left back - LF. step together

C :**C01 Right side step - Together - Chasse right - Left side step - Together - Chasse left**

1-2-3&4 RF. Step to right side - LF. step together - RF. step to right - LF. step together - RF. step to right

5-6-7&8 LF. Step to left side - RF. step together - LF. step to left - RF. step together - LF. step to left

C02 Right side step - Together - Chasse right - Left side step - Together - Chasse left

1-2-3&4 RF. Step to right side - LF. step together - RF. step to right - LF. step together - RF. step to right

5-6-7&8 LF. Step to left side - RF. step together - LF. step to left - RF. step together - LF. step to left

C03 Pivot 1/2 turn left (2x) - Jazz box

1-2-3-4 RF. Step fwd. - RF./LF. step ½ turn left - RF. step fwd. - RF. /LF. step ½ turn left

5-6-7-8 RF. Cross over LF. - LF. step back - RF. step to right side - LF. step together .

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