# Ready For An EZ Weekend



編舞者: Britt Beresik (USA) - September 2020

音樂: Ready for the Weekend - Calvin Harris: (3:37)



#### #32 count Intro, starts on lyrics - No Tags, No Restarts

\*Choreographed as an AB version to Ready For The Weekend (Intermediate) by Britt Beresik & I.C.E.

## [1-8] Back Touch, Back Touch, Walk Walk, Rock Recover

1-2	Step R back, Touch the L toe forward
3-4	Step L back, Touch the R toe forward

5-6 Step R back, Step L back

7-8 Cross Rock R behind L, Recover forward on L with slight angle to [1:30]

#### [9-16] Diagonal Toe/Heel/Heel/Toe

1-2	Step R fwd, Touch L toe next to R [1:30]
3-4	Step L back, Touch R heel fwd [1:30]

5-6 Step R next to L, 1/4turnL and Touch L heel fwd [10:30]

7-8 Step L fwd, Touch R toe next to L [10:30]

#### \*SYNCOPATED OPTION with HOLDS:

&1-2	Step R fwd, Touch L toe next to R, HOLD [1:30]
&3-4	Step L back, Touch R heel fwd, HOLD [1:30]

&5-6 Step R next to L, ¼turnL and Touch L heel fwd, HOLD [10:30]

&7-8 Step L fwd, Touch R toe next to L, HOLD [10:30]

#### [17-24] Cross Rock Recover, Side Shuffle, Cross Side, Cross Rock Behind 1/4turnL, Recover (Claps)

1-2	Cross Rock R over L, Recover back on L [1]	0:30]	
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3&4 With a 1/sturnR to [12:00] - Step R to R side, Step L together with R, Step R to R side

5-6 Cross L over R, Step R to R side

7-8 Cross Rock L behind R with a ¼turnL, Recover forward on R (optional double clap on &8)

[9:00]

# [25-32] Step HOLD, & Step HOLD, Out-Out, In-In, &Bump &Bump

1-2 Step L forward, HOLD

&3-4 Step R next to L, Step L forward, HOLD

Step R out to R diagonal, Step L out to L diagonal, Step R back to center, Step L next to R Lift R hip up, Bump L hip down, Lift R hip up, Bump L hip down (tip: lift R heel with R knee

bent, weight on L) [9:00]

## Repeat until song ends!

Enjoy your weekends!
Britt Beresik with Cross The Line Dancing-Houston linedancinghouston@gmail.com

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