

I've Seen It All

拍數: 64 牆數: 2 級數: Easy Intermediate
編舞者: Gary O'Reilly (IRE) - October 2020
音樂: All I Need to See - Mitch Rossell : (4:28)



Music Available from iTunes & Amazon

#32 count intro

Section 1: CROSS, SIDE, ¼, TOUCH, WALK, ½, SHUFFLE ½

1 2 Cross R over L (1), step L to L side (2)
3 4 ¼ R stepping back on R (3), touch L next to R (inside of R foot) sitting back into R hip (4)
 (3:00)
5 6 Walk forward on L (5), ½ left stepping back on R (6) (9:00)
7 & 8 ¼ L stepping L to L side (7), step R next to L (&), ¼ L stepping forward on L (8) (3:00)

Section 2: FWD ROCK, COASTER STEP, STEP, PIVOT ¼, CROSSING SHUFFLE

1 2 Rock forward on R (1), recover on L (2)
3 & 4 Step back on R (3), step L next to R (&), step forward on R (4)
5 6 Step forward on L (5), pivot ¼ R (6) (6:00)
7 & 8 Cross L over R (7), step R to R side (&), cross L over R (8) *Restart Wall 5

Section 3: SIDE, TOGETHER, STEP LOCK STEP, FWD ROCK, SHUFFLE ½

1 2 Step R to R side (1), step L next to R (2)
3 & 4 Step forward on R (3), lock L behind R (&), step forward on R (4)
5 6 Rock forward on L (5), recover on R (6)
7 & 8 ¼ L stepping L to L side (7), step R next to L (&), ¼ L stepping forward on L (8) (12:00)

Section 4: SIDE, BEHIND, ¼, STEP, PIVOT ½, ¼, BEHIND, ¼ (FIGURE 8)

1 2 3 ¼ L stepping R to R side (9:00) (1), step L behind R (2), ¼ R stepping forward on R (3)
 (12:00)
4 5 Step forward on L (4), ½ pivot R (5) (6:00)
6 7 8 ¼ R stepping L to L side (9:00) (6), cross R behind L (7), ¼ L stepping forward on L (8) (6:00)

Section 5: SIDE ROCK, CROSS, SWEEP, CROSS, SIDE, BEHIND, SWEEP

1 2 ¼ L rocking R to R side (1), recover on L (2) (3:00)
3 4 Cross R over L (3), ronde sweep L from back to front (4)
5 6 Cross L over R (5), step R to R side (6)
7 8 Cross L behind R (7), ronde sweep R from front to back (8)

Section 6: BEHIND, SIDE, CROSS ROCK, CHASSE ¼, STEP, PIVOT ¼

1 2 Cross R behind L (1), step L to L side (2)
3 4 Cross rock R over L (3), recover on L (4)
5 & 6 Step R to R side (5), step L next to R (&), ¼ R stepping forward on R (6) (6:00)
7 8 Step forward on L (7), ¼ pivot R (8) (9:00)

Section 7: CROSS, SIDE, BEHIND, SIDE, CROSS ROCK, CHASSE ¼

1 2 Cross L over R (1), step R to R side (2)
3 4 Cross L behind R (3), step R to R side (4)
5 6 Cross rock L over R (5), recover on R (6)
7 & 8 Step L to L side (7), step R next to L (&), ¼ L stepping forward on L (8) (6:00) **Restart Wall
6

Section 8: ½, ½, FWD ROCK, SAILOR STEP, CROSS, POINT

1 2 ½ L stepping back on R (1), ½ L stepping forward on L (2) (6:00)
3 4 Rock forward on R (3), recover on L (4)
5 & 6 Cross R behind L (5), step L to L side (&), step R to R side (6)
7 8 Cross L over R (7), point R to R side (8)

***RESTART: Dance 15 counts of Wall 5. On count 16, ronde sweep R from back to front & restart the dance facing (6:00)**

****RESTART: During Wall 6, restart the dance after Section 7 facing (12:00)**

Ending: Dance ends facing (12:00) at the end of Wall 8

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