Margarita Time

拍數: 32

級數: High Beginner

編舞者: Jan Phillips (UK) - September 2020

音樂: One Margarita - Luke Bryan

Intro: 32 counts (approx. 12 secs)

Section 1: SIDE MAMBO X2, SAMBA STEP X2

- 1&2 Rock Right to Right side, recover on Left, step Right beside Left
- 3&4 Rock Left to Left side, recover on Right, step Left beside Right
- 5&6 Cross Right over Left, rock Left to Left side, step Right to Right side
- 7&8 Cross Left over Right, step Right to Right side, step Left to Left side

Section 2: LOCK STEPS X2, ¾ VOLTA TURN RIGHT

- 1&2 Step forward on Right, lock Left behind Right, step forward on Right
- 3&4 Step forward on Left, lock Right behind Left, step forward on Left
- 5& Turning ¼ Right step forward on Right, step Left behind Right
- 6& Turning ¼ Right step forward on Right, step Left behind Right
- 7&8 Turning ¼ Right step forward on Right, step Left behind Right, step forward on Right (3/4 turn in all) [9.00]

Section 3: POINT OUT, IN OUT, BEHIND SIDE FORWARD, FORWARD MAMBO, BACK MAMBO

- 1&2 Touch Left out to Left side, touch Left beside Right, touch Left out to Left side
- 3&4 Step Left behind Right, step Right to Right side, step Left forward on Left

RESTART HERE ON WALL 7

- 5&6 Rock forward on Right, recover on Left, step Right beside Left
- 7&8 Rock back on Left, recover on Right, step Left beside Right

RESTART HERE ON WALLS 3 & 4

Section 4: PADDLE ½ TURN LEFT, KICK BALL POINT, KICK BALL TOUCH

- 1&2&Weight stays on Left, point Right to Right side, and push 1/8 turn Left, hitch/lift Right slightly,
point Right to Right side and push 1/8 turn Left, hitch/lift Right slightly
- 3&4 Weight stays on Left, point Right to Right side, and push 1/8 turn Left, hitch/lift Right slightly, point Right to Right side and push 1/8 turn Left [3.00]

Optional: use hips or shimmy shoulders on counts 1-4

- 5&6 Kick Right forward, step on ball of Right, point Left to Left side
- 7&8 Kick Left forward, step on ball of Left, touch Right beside Left

START OVER

RESTARTS

On walls 3 & 4 after 24 counts (section 3 after count 8) restart the dance On wall 7 after 20 counts (section 3 after count 4) restart the dance

This is a fun dance that can be enjoyed at all levels.

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牆數:4