Room In Your Heart



拍數: 32 編數: Intermediate

編舞者: Lesley Kidd (UK) - September 2020 音樂: Room in Your Heart - Living In a Box



Intro: 15 counts, start on the word "dark"

Section 1: Rock back, recover, full turn to side, rock forward, recover, ball step, sailor ¼ turn, full chase turn, drag back.

a. a.g a. a	
8&	Rock back R, recover
1-2&	Turn ¼ R stepping R forward, turn ½ R stepping L back, turn ¼ R stepping R to R side
3-4&	Rock forward L towards 1:30, recover onto R, step L beside R
5-6&	Step back R sweeping L from front to back, turn ¼ L stepping L behind R, step R to R side
7-8&1	Step forward L, Step forward R, turn $\frac{1}{2}$ turn L transferring weight onto L, Step back onto R, making further $\frac{1}{2}$ turn L, drag L back

Section 2: Rock back, recover, step to side, weave behind, step to side, rock back, recover, 2X sways

2&3	Rock back L, recover onto R, step L to L side	
&4&	Step R behind L, step L to L side, step R across L	
5-6&	Step L to L side, rock back R, recover onto L	
(Restart dance from count 1 at this point on walls 1 and 4)		

7-8 Sway to R, sway to L

Section 3: Step ¼ turn, sweep, cross, step back, rock back, recover, step ½ turn, back, sweep, back, sweep, back rock, side rock.

1-2&	Turn ¼ R stepping forward on R and sweeping L forward, step L across R, step back on R	
3-4&	Rock back L, recover onto R, turn ½ turn R stepping back on L	
5-6	Step back R sweeping L back, step back L sweeping R back	
(Restart dance from count 1 at this point on wall 7 with slight step change)		
7&8&	Rock back R, recover onto L, rock R to R side, recover onto L	

Section 4: Cross rock, recover, side, cross, side rock, recover, cross, full reverse turn

1-2&	Rock R across L, recover onto L, step R to R side
3-4&	Step L across R, rock R to R side, recover onto L
5-6&	Step R across L, turn ¼ R stepping back L, turn ½ R stepping forward R
7	Turn 1/ Distancian Lita Linida

7- Turn ¼ R stepping L to L side

Ending: The end of the music coincides with the end of the dance. You will be facing 6:00. Step R to R side, cross L over R and unwind ½ turn to face 12:00

Tag: Danced once at the end of wall 3

1-2&	Step R to R side, rock back L, recover onto R
3-4&	Step L to L side, rock back R, recover onto L

Restart 1: After 14 counts on walls 1 and 4

Restart on count 1 of the dance (not 8&). Note: after the first restart the dance will turn and will be danced to face the side walls, but will revert to front and back walls after the second restart.

Restart 2: With slight step change, after 22 counts on wall 7 (in section 3)

On count 6 in section 3, instead of sweeping R back, touch R next to L, adding an "&" count. Restart the dance from count 1 (not 8&)