

Gonna Get It

拍數: 64 牆數: 2 級數: Improver
編舞者: Malene Jakobsen (DK) & Adam Åstmar (SWE) - September 2020
音樂: Get It (feat. Spencer Ludwig) - Daphne Willis : (Single - iTunes)



Intro: 16 counts, 11 sec. seconds into track - dance begins with weight on L

Restart: There is 1 restart, on wall 3 after 32 counts facing 12.00

[1-8] Diagonal fwd., touch, diagonal back, touch, back lock with sweep

1-2 (1) Step diagonally fwd. on R, (2) touch L next to R 12.00
3-4 (3) Step diagonally back. on L, (4) touch R next to L 12.00
5-6-7-8 (5) Step back on R, (6) lock L across R, (7) step back on R, (8) sweep L from front to back
12.00

[9-16] Behind, side, cross, hold, 1/4, side, cross, hold

1-2-3-4 (1) Cross L behind R, (2) step R to R, (3) cross L over R, (4) hold 12.00
5-6-7-8 (5) Turn 1/4 L stepping back on R, (6) step L to L, (7) cross R over L, (8) hold 9.00

[17-24] Side, touch, side, touch, side, together, fwd., hold

1-2-3-4 (1) Step L to L, (2) touch R next to L, (3) step R to R, (4) touch L next to R 9.00
5-6-7-8 (5) Step L to L, (6) step R next to L, (7) step fwd. on L, (8) hold 9.00

[25-32] Fwd., hold, 1/2, hold, 1/4, touch, side, touch

1-2-3-4 (1) Step fwd. on R, (2) hold, (3) turn 1/2 L - weight on L, (4) hold 3.00
5-6-7-8 (5) Turn 1/4 L stepping R to R, (6) touch L next to R, (7) step L to L, (8) touch R next to L
12.00

NOTE Restart here on wall 3

[33-40] Step lock step, scuff, step lock step, hold

1-2-3-4 (1) Step diagonally fwd. on R, (2) lock L behind R, (3) step diagonally fwd. on R, (4) scuff L
heel 12.00
5-6-7-8 (1) Step diagonally fwd. on L, (2) lock R behind L, (3) step diagonally fwd. on L, (4) hold
12.00

[41-48] R mambo, hold, coaster step, hold

1-2-3-4 (1) Rock fwd. on R, (2) recover onto L, (3) step slightly back on R, (4) hold 12.00
5-6-7-8 (5) Step back on L, (6) step R next to L, (7) step fwd. on L, (8) hold 12.00

[49-56] Fwd., hold, 1/2, hold, 1/4 chasse, hold

1-2-3-4 (1) Step fwd. on R, (2) hold, (3) turn 1/2 L - weight on L, (4) hold 6.00
5-6-7-8 (5) Turn 1/4 L stepping R to R, (6) step L next to R, (7) step R to R, (8) hold 3.00

[57-64] Behind, hold, 1/4, hold, 1/4, side rock, cross, hold

1-2-3-4 (1) Cross L behind R, (2) hold, (3) turn 1/4 R stepping fwd. on R, (4) hold 6.00
5-6-7-8 (5) Rock L to L, (6) recover onto R, (7) cross L over R, (8) hold 6.00

lovelinedance@live.dk
adam.astmar@gmail.com