

Automatic

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Newcomer - Funky
編舞者: Bok-Ae Im (KOR) - September 2020
音樂: Nari & Milani - Automatic (Gnor Edit)(BPM:128)



STEP FORWARD, TOUCH, HITCH, TOUCH, HITCH, BALL, HITCH, COASTER STEP

1 RF Step forward
2 LF Step forward
3 RF Touch R
& RF Hitch R
4 RF Touch R
5 RF Step backward LF Hitch
& LF Recover weight on ball
6 RF Step backward LF Hitch
7 LF Step backward
& RF Step together
8 LF Step forward

CROSS BACKWARD, CHASSE ¼ TURN R, ½ TURN R, SHUFFLE STEP

9 RF Cross Over
10 LF Step backward
11 RF Step R
& LF Step together
12 RF ¼ Turn R, Step forward(3:00)
13 LF Step forward
14 RF ½ Turn R, Step forward(9:00)
15 LF Step forward
& RF Step together
16 LF Step forward

SIDE HITCH 2X, SIDE SWITCHES 2X, HEEL SPLIT, HEEL BOUNCE

17 RF Step R
18 LF Hitch L
19 LF Step L
20 RF Hitch R
21 RF Touch R
& RF Step together
22 LF Touch L
& LF Step together
23 BF Heels split out
& BF Heels in
24 BF Heels up
& BF Heels drop down

¼ TURN L FORWARD SHUFFLE STEP, ½ TURN L FORWARD SHUFFLE STEP, TOUCH 2X, SNAKE BODY ROLL

25 RF ¼ Turn L, Step forward(7:30)
& LF Step together
26 RF Step forward
27 LF ½ Turn L, Step forward(1:30)
& RF Step together

28 LF Step forward
29 RF Across touch
30 RF Slide back diagonal touch
31 RF ¼ Turn R, Step R(3:00)
Snake body roll left to right start
32 LF Step together
Snake body roll left to right finish
