Chew on My Heart



拍數: 32 牆數: 4 級數: Low Intermediate

編舞者: Brain Phillipp Grunwald (DE) - September 2020 音樂: Chew on My Heart (Madism Remix) - James Bay



Starts After 32 Counts (4×8)

		_			
Rock step.	Triple turn R	. Cross.	. Side.	Behind-Side-Cross	

1 - 2	Step forward on right - Set your weight back on left
3 & 4	Triple step with full turn right way (Alternative: Coaster step)
5 - 6	Cross left over right, Right step to the side
7 & 8	Left cross behind right, Step with right to the side, Cross left over right

Rock side R, Rock back R, ½ L - Step Back R, L Touch, Step L, Touch R

1 - 2	Step to the right, Weight back on left
3 - 4	Step back with right, Weight back on left
5 - 6	Step back with a half turn left way, Touch left next to right
7 - 8	Step left , Touch right next to left

Side - Behind, Chasse ¼ R, Step, ½ R, Shuffle fwd. L

1 - 2	Step to the right, Cross left behind right
3 & 4	Step right, Set left to right, Step right fwd. With 1/4 turn right
5 - 6	Step fwd. with left, Turn 1/2 right, Weight on right
7 & 8	Step fwd. left, Close right to left, Step fwd. left

Jazzbox with Crossshuffle, Out - Out, Back, Close

1 - 2 - 3	Cross right over left, Step back on left, Step to right side
4 & 5	Cross left over right, Step to the right, Cross left over right
& 6	Jump first with right fwd., Then with left
7 - 8	Step back right, Close left next to right, Weight is on left

Tag: At the end of the 10th wall do a Rocking Chair with 4 Counts. After the Tag restart the dance.